



Fisheries	4
Health	7
Education	15
Elders	20
Family	21
Police	22
Notices	23
Veteran's Pow Wow	24



Muckleshoot MONTHLY



Vol. XI No. 7

Muckleshoot Indian Reservation, Wash.

JULY 15, 2011

Taste At Muckleshoot



Mak Fai Washington Kung Fu Dragon & Lion Dance Team.

Muckleshoot Tribal members and their families are invited to the Taste at Muckleshoot on Wednesday, August 10, from 4:00 to 7:00 PM at the White River Amphitheatre. (Please enter through Gate 2, drive to the A parking lot area and, after parking, enter through the Main Gate next to the ticket booths.)

This multicultural event will feature various cultural dishes brought by 50 community partners as well as salmon, fry bread, and other food provided by the Tribe. Cultural performances will also be included in the program.

Around 4:30, dinner will begin being served and will continue until about 6:00. Dishes will include salmon, fry bread, clams, Asian noodles, Ezell's Fried Chicken, tamales, and Lumpia, as well as fresh fruit, bakery cookies and sugar-free cream puffs.

Throughout the event there will be multi-cultural performances, including Mak Fai Washington Kung Fu Dragon & Lion Dance Team!

Please join us in this unique multi-cultural celebration!

White House launches Native web page

The White House recently announced the launch of a new Native American webpage entitled "Winning the Future: President Obama and the Native American Community."

The new webpage is meant to serve as a tool to help people in Indian Country navigate the federal government and learn how the Obama Administration is handling issues that affect them. On the front page of the website is a photo of President Obama seated at a large table surrounded by Native leaders. Both a war bonnet and a cedar hat can be seen in the photo, so we'll take that as a good sign!

Obama's Presidency has been notable in the extent to which it has worked to strengthen the government-to-government relationship with tribal governments. A large-scale and meaningful consultation process was put in place early on, resembling Washington State's unique Centennial Accord process, which does much to promote enhanced focus and improved communication between government agencies and Indian tribes.

The Obama Administration has, in fact, made significant progress in several areas affecting Indian Country. The Recovery Act included many job-creating investments for Indian Country, while its hard-fought health care reform package won permanent authorization for the Indian Health Care Improvement Act. The passage and implementation of the Tribal Law and Order Act, which will help fight crime in Indian Country, is also a significant step in the right direction.

The new website was established partly in response to a request from tribal leaders for a centralized link to federal offices responsible for serving Indian Country and upholding the federal trust responsibility, and a tab on the site connects users to over 25 different agencies and departments. It's worth a look:

<http://www.whitehouse.gov/nativeamericans>

NOTICE TO TRIBAL MEMBERS
SPECIAL GENERAL COUNCIL MEETING
SCHEDULED FOR THURSDAY, AUGUST 4
A "Special" General Council meeting has been scheduled for August 4th regarding Enrollment issues only. There will be no drawings. It will take place at the Pentecostal church at 6:30pm. Tribal members may stop by the Enrollment Office if they would like a copy of the ordinance and the proposed change prior to the meeting.

GROUND IS BROKEN FOR NEW ELDERS FACILITY

MUCKLESHOOT – It's been a long time coming, but the MIT Elders Committee wanted to get it right. And so, on Tuesday, June 21 – a fine clear morning – the site of the new Muckleshoot Elders Facility was blessed and the first shovels of earth were turned.

Committee member Norma Rodriguez didn't live to see this day, but her daughter, Hazel Black, was on hand to wield one of shovels, so she was definitely there in spirit. After spending most of her life on the coast, Norma came here in her sunset years, and her heart swelled with love whenever she spoke of how wonderful her life had been among her mother's people, the Muckleshoots.

The current Muckleshoot Senior Center is one of the oldest buildings on the MIT governmental campus, and our growing community, which has provided a welcome haven to many returning Elders, has long recognized the need for a larger and more up-to-date facility.

The Elders Committee has worked with the MIT Construction Department for several years in an effort to craft a plan for a new facility that will be a perfect fit for the Muckleshoot Elders of today and to-



PHOTO BY JOHN LOFTUS

On hand to participate in the site blessing and groundbreaking were, l-r, Dennis Anderson Sr., Doug Moses, Kenny Williams, Hazel Black, Sharon LaClair, Norma "Wassie" Eyle, Charlotte Williams, Marcie Elkins, Virginia Cross, Mike Edwards, Kerri Marquez, Jan Maurice, Mark James, Sharon Hamilton-Curley and Wendy Burdette.

morrow. Numerous visits were made to Elders facilities on other reservations in search of the best ideas, and to find out what works and what doesn't. Input was solicited in a variety of ways, including meetings, questionnaires and General Council presentations.

The finished product, to be located east of the Health and Wellness Center and north of the BHP Building, will be much more than just a dining hall, although the dining program will, of course, remain one of its most important functions.

The primary vision for the new

Muckleshoot Elders Facility has been a larger one – to create a place where Elders can pass down the history and culture of the Muckleshoot Tribe for future generations, and so a great deal of attention has been placed on incorporating Muckleshoot culture, art and activity spaces into the final design.

The facility will include an ample dining hall, a large commercial kitchen, craft and activity rooms, administrative office space, a large entry with a fireplace and seating area, and a large covered drop-off area that can accommodate

buses and provide an area for outdoor salmon and clam bakes, just to name a few.

The craft and activity rooms will be designed to accommodate a wide variety of cultural uses, including cedar weaving and basketry, canning, sewing, beading, and carving. It will also include media space and a small kitchen for cooking/making traditional medicines.

Construction is scheduled to start in mid-September and be completed by October or November of 2012.

Old White Lake Cemetery gets new protection

"I was pretty devastated about it," Lenny Sneatlum said. "I didn't know why it happened."

"I felt so bad when they done that," Donna Starr agreed. "Somebody called me and told me that Kaya's grave was all messed up, and I came down here and saw all of them and – gee whiz! – I didn't know what to think of it!"

It was far from the first time, but maybe it was the worst time. A report by cemetery manager Leslie Hoffer described the incident on the night of Saturday, April 2 as follows: "A 16 year-old male driving a large SUV failed to negotiate a 90-degree turn from Dogwood Street to Scenic Drive. This resulted in the vehicle traveling through the (Old) White Lake Cemetery fence and driving over several grave sites. The efforts of the driver to get out of the cemetery resulted in considerable damage to more headstones."

The description is almost clinical, but the pain to the families involved was very real. A swath of burials beginning with that of Derek Sneatlum, right inside the fence, and ending at the final resting place of the tribe's beloved Kiya, Eva KingGeorge Jerry, who dedicated herself to preserving the Whulshootseed tongue long before Native language preservation became a popular national cause. Several other graves lie in between those two. Headstones were sent flying and the turf was badly torn up.

Vehicles leaving the road, knocking down fences, and winding up in Muckleshoot's two adjacent White Lake cemeteries is not at all uncommon, Les says, adding that maybe it took having something as severe as this happen to bring about real action to prevent future occur-



Lenny Sneatlum and Donna Starr inspect the new retaining wall at the Old White Lake Cemetery with manager Les Hoffer.

rences.

And he was right. This time, meetings were held and input was gathered from families and traffic experts. The result was the new steel-reinforced concrete retaining wall shown in these pictures, and also a flashing yellow light before the intersection and a big yellow arrow sign on the cemetery gate. The

individual grave sites were restored, too, and the headstones are now sheathed in black, awaiting a re-blessing.

Everything was in place by Memorial Day Weekend except for the new grass, which came a week later. "But it still looked nice and green," Les reports.

"I felt bad about it and prayed

for it," Donna recalled, adding that. "It's all come together really good now."

"I think this will help out quite a bit," Lenny agreed.

A re-blessing ceremony is pending. Keep in touch with the families for further information.



Saluting our 2011 Graduates

Nothing is more gratifying to the Tribal Council than to see so many tribal members achieve another milestone in their education pursuits. Graduation numbers this year are impressive and reinforce the council's decision of years ago to make education a top priority for the Tribe. As other governments across the nation and state have been cutting school budgets, the Tribal Council has been unwavering in our commitment to building and supporting a strong education system. That commitment to Muckleshoot education is reflected nowhere better than in this year's graduation numbers.

Muckleshoot Head Start graduated 40 children this year who are now better prepared to enter the next phase of their education. At Muckleshoot Tribal School 34 children completed Kindergarten and the 5th and 8th Grade both graduated 18 students. And at the 2011 Muckleshoot High School Commencement Ceremony 19 seniors received their High School Diploma. Another 13 Muckleshoot students graduated from other local school districts.

Muckleshoot Higher Education also had an impressive year granting 8 Master, 6 Bachelor and 7 Associate Degrees, 37 Certificates and 24 GED's. In total, 224 Muckleshoot students graduated this year, 24 more than 2010. These are all impressive numbers that bode well for our students and for the future of the Muckleshoot Tribe.

But graduation is so much more than just numbers. It is a significant achievement for our students and their families. It represents a milestone in a journey toward a life of achievement and success. It is recognition of our graduates' hard work and determination to succeed as well as the support and encouragement they received from their families.

Our graduates represent the future of the Muckleshoot Tribe. It is through education that our children can achieve their full potential. Education is the great equalizer that breaks down barriers and gives our youth the tools they need to grow into happy, successful and contributing members of our community.

So to our 2011 graduates and their families we say congratulations. We are proud of you and what you have accomplished.

ARCHITECTURAL RENDERINGS OF NEW MUCKLESHOOT ELDERS' FACILITY



SUBSCRIBE TO THE MONTHLY...

The Muckleshoot Monthly is delivered free of charge to members of the Muckleshoot Tribal Community. You can help us to serve you better by providing us with an up-to-date address. Please fill out the form below and mail it to:



MUCKLESHOOT MONTHLY
39015 - 172nd Ave. SE,
Auburn, WA 98092

clip and return

SUBSCRIPTION REQUEST / ADDRESS UPDATE

New subscription Address change

Name _____

Address _____

City & State _____ Zip _____

If this is an address change, list previous address:

Address _____

City & State _____ Zip _____

I am a Muckleshoot tribal member,

I have ties to the Muckleshoot Tribal Community

Please explain: _____

IMPORTANT ELECTION NOTICE

Please update your mailing address with the enrollment office so that you can be contacted to participate in the 2012 Tribal Election process. It is very important that your updated information is received before September 2011 so that you will receive all information and notifications regarding the 2012 Tribal Elections.

Thank you for your participation,
THE MIT ELECTION COMMITTEE
Ada McDaniel, Election Administrator
MA, ENVC

MEMORIAL FOR

Annie F. Carrillo

Friday, July 22, 2011

Muckleshoot Shaker Church

Headstone blessing at 10 am, Courville Cemetery

Brunch to follow, and church service that evening

Saturday Dinner 5 pm, church to follow

Sunday July 24, memorial dinner at 5 pm

Give away and church to follow.

Questions please call Valerie (253)254-2537

Coming in August to Muckleshoot Tribal Members...

The Personnel Committee and Human Resources will be surveying the community to improve the employment services for Muckleshoot Tribal Members. We would like your feedback on your experiences and your input because it is very important to provide excellent services for our community.

We want to know the work challenges you are facing in finding jobs within our community.

Our intent is to improve the employment rate for Muckleshoot Tribal Members by providing job skill training for all Tribal Members to succeed in finding and getting the job and careers they want.

The Survey will be sent to all Tribal Members by email and by mail. The Human Resources Department will also have computers set up and survey forms will be available in the Human Resources Department front lobby.

If you need assistance completing a survey or computer assistance in the lobby at HR the staff will be available to assist you.

Please contact Rita Martin at 253-876-3212 for more information regarding survey.

NOTICE FROM ENROLLMENT

Tribal enrollment cards are now being issued; however, until the posting on the Washington State Liquor Control Board website, there may be a brief period for notification of licensees, at which time your Tribal ID may not be accepted. If possible, please carry a second form of ID.



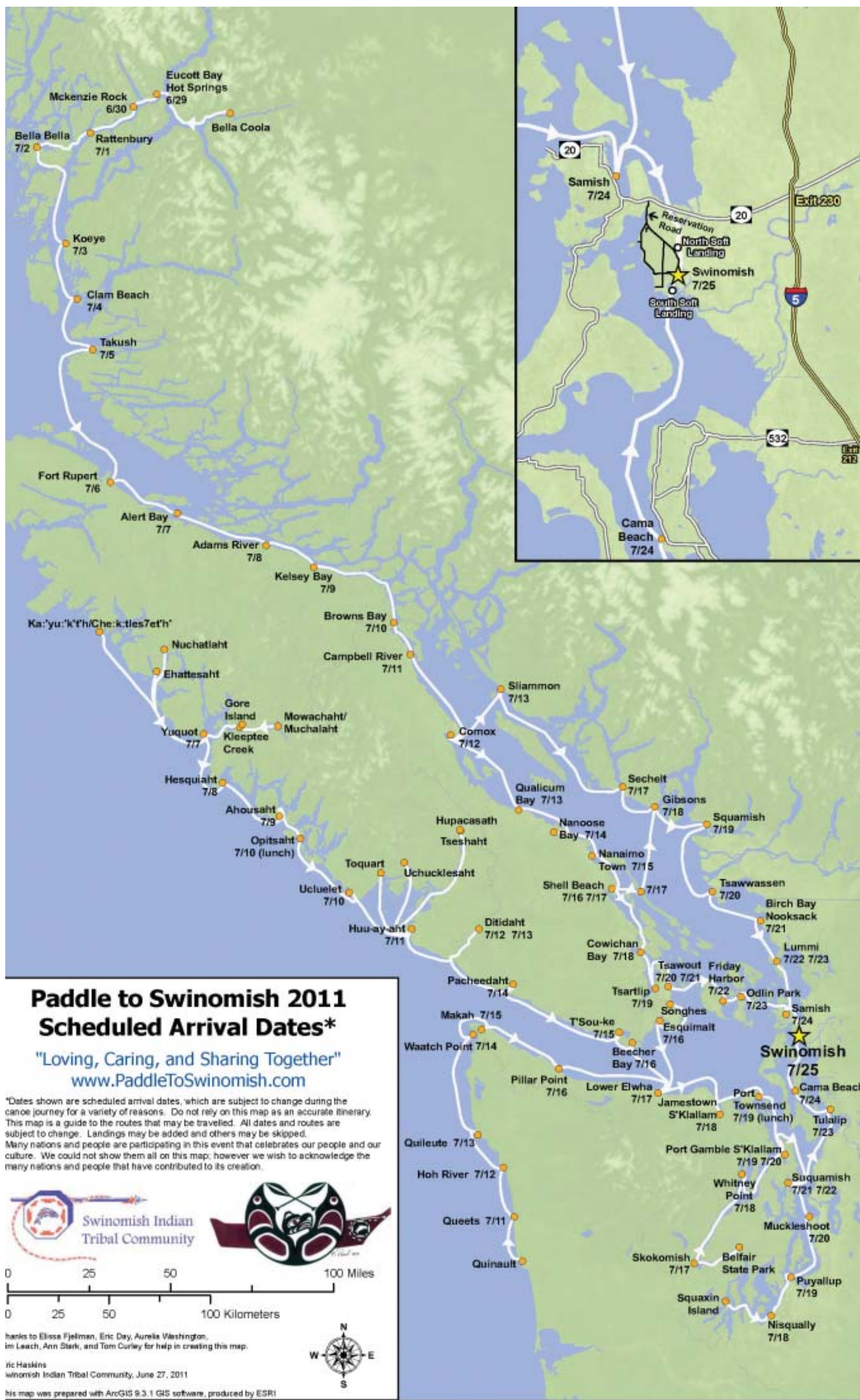
Muckleshoot Tribal Council

Virginia Cross, Tribal Chair
Charlotte Williams, Vice-Chair
Virgil Spencer, Secretary
Marcie Elkins, Treasurer
Mark James
Donald Jerry Sr.
Mike Jerry Sr.
Kerri Marquez
Marie Starr

Muckleshoot Monthly

John Loftus, Managing Editor
39015 172nd Avenue SE
Auburn, WA 98092
muckleshoot.monthly@yahoo.com

PADDLE TO SWINOMISH 2011 GETS UNDERWAY



Once again, it's that time of the year for Tribal Journey 2011 – Paddle to Swinomish. Loving, caring and sharing is their motto for this year up in Swinomish and we look forward to a good pull this year.

Swinomish has been working hard to prepare for everyone coming to their shore and to spend a week with them during Protocol. They've done some nice re-arranging in their land up there, and especially for the landing site on the Swinomish Channel right below their tribal gymnasium, where they've built the three cedar hat pavilions for the landing. Eventually, they're going to make them into parks for their tribal community.

This year we are anticipating somewhere between 40 to 60 people joining us again on Tribal Journey, which is a good-sized group. We do have some new ones again, like we do every year, and we have some coming back again from previous years.

It's been a little tough on us now, with the weather and things that have been happening with the community, to make it out for practice, but we're more than prepared. We have our groups going through all of our journey things, so we're prepared to leave.

On Sunday, July 17th, we will be leaving Muckleshoot and heading to Squaxin Island to camp down there. Everyone will meet. I believe there are nine or eleven families that will meet on July 17th down there, and the first day on the water will be July 18th, and they will paddle from Squaxin over to Nisqually. On July 19th, it'll be from Nisqually to Puyallup. On July 20th,

it'll be from Puyallup to Muckleshoot, where the canoes will land at Alki Beach.

On July 21st, they'll leave from Alki and go to Squamish, where we'll have a two-day layover. On July 23rd, they will leave from Squamish and head to Tulalip and have a two-day layover at Tulalip. July 25th will be the final day on the water, leaving from Tulalip and heading to Swinomish for the final day of pulling on the Canoe Journey of 2011.

And, once again, if there's anyone that would like to come out and join us, or come out and visit us, you're more than welcome to come and spend time with us. We always encourage everyone to come out and be a part of us and represent Muckleshoot the best way we can, for this only happens once a year and it's a real honor for our people to be out on the water and to represent the tribe and paddle along with other tribes along the way up to Swinomish.

So, by the time we get to Muckleshoot here, I think we should still have about nine or 11 canoe families. We anticipate feeding anywhere from 500 to 700 people that day. We will be camping them at the ball field and hosting our Protocol that evening at the Sla-hal Shed.

And once again, I'd like to thank our Muckleshoot Tribal Council for backing us again this year on Tribal Journey. I want to thank them also from the canoe family for supporting us on Tribal Journey. This is a yearly annual event for us to partake in, because our canoe family is busy all year round with performances, meetings. We try to do our best to represent the tribe the

continued on page 4



Norma Jean Penn Rodriguez

Beloved Elder Norma Jean Penn Rodriguez of Auburn died June 14, 2011 in Auburn. She was born March 27, 1938 to Christian Penn Sr. and Lillian (Payne) Penn in Queets, Washington and spent most of her life on the coast before coming to live with her mother's people, the Muckleshoots, about a decade ago. She arrived at a time when Muckleshoot was first becoming involved in the Tribal Canoe Journeys and soon became the indispensable matriarch of the Muckleshoot Canoe Family. She also served on the Muckleshoot Elders Committee, and loved the casino, traveling, fishing and was a talented basket weaver. Norma made friends everywhere she went.



Norma is survived by her sons Edwin (Winona) Poulin of Skokomish, WA; Alfred Bryan Jr., Lenord Bryan and Christian Penn all of Aberdeen, WA; daughters Terri (Allan) Black of La Push, WA; Elsie (Micah) Wells of Aberdeen and Sue Kalama of Queets, WA; brothers Douglas (Sharon) Pullen Sr., Ronald Penn Sr. and Esau Penn Sr. all of La Push, WA; sister Hazel (Rolend) Black of Auburn, WA; 30 grandchildren and 12 great grandchildren.

She was preceded in death by her parents Christian Sr. and Lillian Penn; son Pete Penn; sisters Marie Lou Martinez, Marvella Sampson and Christina Sampson.

She was beloved by many throughout the U.S. Pacific Northwest and British Columbia, and many traveled great distances to bid her farewell. Services were held at the Muckleshoot Pentecostal Church on Saturday, June 18, 2011 with Chief Frank Nelson officiating, followed by burial at the New White Lake Cemetery.

Steven Rodrigues Jr.

Steven Rodrigues, Jr. passed over on July 5, 2011 in Tacoma, Washington. He was born December 16, 1945 in Ganado, Arizona to Anita (Thompson) and Steven Rodrigues, Sr. A member of the Navajo Tribe, Steven was raised and lived most of his early life in the Steamboat, Arizona area. He went to school at St. Michael Indian School on the Navajo Reservation and graduated from Snowflake High School in 1966.



Steven enlisted in the United States Army and was stationed at Army Garrison Garmisch in Germany. He was injured during active duty in 1968 and has resided in various VA facilities ever since. In recent years he resided at American Lake and Midland Manor in Tacoma. He succumbed to complications from his debilitating injuries at St. Joseph's Medical Center in Tacoma, Washington.

Steven was the older brother of Calvin Rodrigues Sr., who works for Muckleshoot Seafood Products and has a wide circle of friends dating back many years at Muckleshoot. Cal was the best of brothers to Steve, spending time with him at all of the many care facilities he lived in. He took him on many outings and brought much sunshine into his life.

Steven has family members in Arizona, Spokane, Seattle and Auburn, Washington, and Penticton, British Columbia. He is survived by his mother Anita Abrahamson; brothers Calvin Rodrigues Sr.; Danny, Paul and Clyde Abrahamson; sisters Diana and Debbie Abrahamson; and numerous nieces and nephews. He was preceded in death by twin sisters Yvonne and Elaine; brother Tony Abrahamson, a United States Marine and father, Francis Abrahamson, also a U.S. Marine.

Funeral Services were held Friday, July 8, 2011 at the Muckleshoot Shaker Church with Dennis Anderson, Sr. officiating, followed by burial at the New White Lake Cemetery in Auburn, Washington.

William Daniel Fleet

1/13/1943 – 7/5/2011

Beloved husband, father, and grandfather, William (Bill) Fleet, 68, passed away on July 5th, 2011 after a short illness. He is survived by his wife, Joan, sons, William, Daniel, and Brian, grandchildren, Spencer and Lexington, his dog Scully, and his extended family.



Bill's dedication to his family and work, his love of the blues, travel, and photography, will be missed by all the lives that he touched. Bill was a long-time employee of the Muckleshoot TGA and a fine photographer. Many of his excellent pow wow photos were printed in the *Muckleshoot Monthly*.

In accordance with the wishes of his family, Bill's memorial service was held on the Muckleshoot Reservation at the Pentecostal Church on July, 12, 2011. The family would like to invite donations to either the Bill and Joan Fleet Scholarship Fund c/o Bellarmine Prep, or the Muckleshoot Intertribal Warriors Society. Friends and relatives are invited to share memories or leave online condolences at: www.GaffneyCares.com



Donna Starr, Hoppy Jerry and Gilbert King George clamming at Vashon

Clam Digger's Tide Guide & Ferry Schedule

CLAM DIGGING TIDES - VASHON ISLAND - AUGUST 2011

Day	Date	Time to Dig	Low Tide level & time
Tuesday	August 9th	7:00 am – 9:30 am	-0.9 ft @ 8:07 am
Wednesday	August 10th	7:30 am – 10:30 am	-1.2 ft @ 9:04 am
Thursday	August 11th	8:30 am – 11:30 am	-1.3 ft @ 9:54 am
Friday	August 12th	9:30 am – 12:00 pm	-1.1 ft @ 10:39 am
Saturday	August 13th	10:00 am – 12:30 pm	-0.8 ft @ 11:19 am
Friday	August 26th	8:30 am – 10:30 am	-0.7 ft @ 9:22 am
Saturday	August 27th	9:00 am – 11:30 am	-1.0 ft @ 10:08 am
Sunday	August 28th	9:30 am – 12:00 pm	-0.9 ft @ 10:52 am

Fauntleroy (West Seattle) / Vashon

Crossing Time: Approximately 20 minutes (45 minutes via Southworth)

Monday through Friday				Saturday, Sunday + Jul 4 & Sep 5			
Leave Fauntleroy				Leave Fauntleroy			
5:20	10:40	4:00	8:55	5:20	11:45	4:20	8:30
5:50	11:40	4:40	9:20	6:05	12:20	4:40	9:20
6:10	11:55	5:00	10:20	6:55	12:50	5:10	9:50
6:45	12:20	5:40	11:40	7:35	1:20	5:40	10:20
7:05	12:55	6:00	12:55	8:35	1:40	6:00	10:55
8:25	1:20	6:30	2:10	8:55	2:00	6:20	11:40
9:05	1:40	7:05		9:15	2:20	6:40	12:55
9:25	2:45	7:35		10:10	3:00	7:00	2:10
10:20	3:05	8:05		10:45	3:20	7:40	
				11:10	4:00	8:00	
Leave Vashon				Leave Vashon			
4:05	8:15	12:50	7:40	4:50	10:40	3:30	7:30
4:50	8:40	1:50	8:30	5:35	11:15	3:50	8:05
5:20	9:00	2:20	8:50	6:25	11:50	4:10	8:50
5:45	9:40	3:25	9:55	7:10	12:20	4:45	9:55
6:20 ▲	10:10	4:30	10:45 ●	8:00	12:50	5:10	10:20
6:40	10:30	5:10	12:05 ●	8:20	1:15	5:35	10:45 ●
7:00	11:30	5:30	1:20 ●	8:40	1:30	5:50	12:05 ●
7:15	11:55	6:30		9:20	1:50	6:10	1:20 ●
7:55	12:25	6:55		9:40	2:30	6:30	
				10:20	2:45	7:10	

● Via Southworth.
▲ Loads foot passengers only.

● Via Southworth.

Note: Vehicle load limits may be in effect on multiple-destination sailings.



2011 Keta Creek Fishing Derbies

The Keta Creek Fishing Derbies are summer time family oriented events for Muckleshoot Members and their families. These Tribally funded trout fishing opportunities include breakfast, lunch, snacks, fun and games for all ages. Bait, fishing tackle, ice, and fish sacks provided. Scheduling of games, contests, and other events will added when possible, or deleted when necessary. Please direct questions, comments, or suggestions to Gail Larsen at (253) 876-3178

Date/Time	Event	Other information
August 13, 2011 8:30-2pm	<i>Family Derby</i> - All ages fishing	Piñata Games for the kids/ Contests for all ages Family oriented prizes, door prizes for adults
September 24, 2011 8:30-2pm	<i>Fall Classic</i> - All ages fishing.	Contests for all ages/ Free Rain Ponchos provided Family oriented prizes, door prizes for adults.



Washington, DC Lobbying Trip



Carl 'Bud' Moses, Mark James, HUD Deputy Secretary Ron Sims, Mike Jerry Sr., Claudia Kauffman.



Bud, Mark and Mike with Congressman Adam Smith.



Bud, Mike and Mark relaxing for a few minutes between meetings on Capitol Hill.



Meeting with US Senator Maria Cantwell.

CANOE *continued from page 3*

best that we can, from what we've learned throughout the years.

So, this year, we hope and pray that everything will go good on the water, and our prayers are with each and every one that can make it. And those who cannot make it – our hearts are with them also.

And we strive on safety. Safety is our number one priority, whether you're on the canoe or support boat. At all times, a life jacket must be worn, whether you're an adult or a youth. So, like I say, we strive on safety, safety first.

And, once again, I'd like to thank everyone, and especially the ones that have been coming out, donating their time to help prepare for the journey, because it's not an easy task. And we hope we're able to see some of our community come join in or come visit us at any of the stops that I've mentioned – Squaxin, Nisqually, Puyallup, Suquamish or Tulalip – before we do get to Swinomish.

Once we get to Swinomish on July 25th, we will be there until July 31st. We don't actually know what day we'll take Protocol yet. So, hopefully, we will find out sometime in the near future before we leave, what day we might be on Protocol. When we do know, we'll send word back home in case anybody would like to come up and join us while we take the floor at Swinomish.

Once again, you all have a good day, and we will see you on the water somewhere, or on land if you come to visit.

~ Mike Edwards / tul-k-lanuwha

First Salmon Ceremony & Dinner 2011

PHOTOS BY JOHN LOFTUS



MORE PHOTOS FROM MTS Class of 2011 Commencement Ceremony



MTS Canoe Field Trip ~ June 3, 2011

On a beautiful June Friday the 4th grade and Ms. Hildebrand's class from the High School participated in a field trip to Owens Beach in Tacoma. All students and chaperones were given the opportunity to pull in the Muckleshoot canoe Eagle Spirit. Thanks go to the Muckleshoot Canoe Family for helping provide this experience. The field trip was an opportunity for the students, families, and staff to actively live their culture and experience the ways of our ancestors.





HAPPY FEET

WALKING CLUB

It begins with one step!
Come bring the family & take a stroll outside together!

The Happy Feet Walking Club

- Two-30 minute sessions per week
- Meet in the Wellness Café & walk
- Walking on the scenic paved path around the Wellness Center
- Water will be provided during the walk and light snacks will be offered after each walking session

Dates & Times:

TUESDAYS @ 10:00AM:
July 12th, 19th, & 26th
August 2nd, 9th, 16th, & 23rd

THURSDAYS @ 5:15PM:
July 14th, 21st, & 28th
August 4th, 11th, & 18th

Keep track of your steps with a Pedometer and receive it for FREE when you complete 4 sessions!!

You must be a Wellness Center Member to participate
For more information contact Priscilla @ 253-333-3616 or email priscilla.kate@muckleshoot-health.com

CONTRACT HEALTH SERVICE (CHS) NOTIFICATION REQUIREMENTS CHS OFFICE (253) 939-6648

1. Notify CHS office before any non-emergent services are rendered to determine patient eligibility, medical priority and to set aside funds for payment. Pre-authorization is mandatory and failure to comply is reason for denial of payment for claim(s).
2. In true medical emergencies, notify the CHS office within seventy two (72) hours of start of services. Failure to comply is reason for denial of payment of claim(s).
3. Prior notification does not guarantee CHS pay for services, unless all other CHS requirements are met. There are some services CHS can not cover.

ALTERNATE RESOURCE REQUIREMENTS:

Muckleshoot CHS is a residual resource and not an entitlement program. In addition to CHS, other resources for health care are available from various state, and federal programs, as well as individual and group health insurance policies. By federal law, CHS must ensure that all resources, where and when applicable, are utilized before CHS can assume financial responsibility for your care.

This means that CHS will not be authorized if you are eligible or would be eligible upon making an application for an alternate resource such as: Medicare (over age 65 or disabled at any age), Medicaid (medical coupons), crippled children or have private insurance etc. Failure to comply with a CHS office referral to an alternate resource will terminate your CHS coverage. You are required to use these benefits as your first source of payment of your medical-related costs.

The CHS office is required, as per IHS Federal Rules and Regulations, which requires all CHS denials to patients be sent by certified mail to the address on file.

Wellness Center Summer Youth Activities

July:

- Outdoor Youth Recreation Night
- Summer Field Trip Series: Pacific Science Center
- Wellness Center Summertime Family Bash: Featuring Muckleshoot's Got Talent Contest and Family Fun Night

August:

- Youth Outdoor Scavenger Hunt
- Summer Field Trip Series: Wild Waves & Enchanted Village
- Youth Adventure Club: Swimming Adventure Field Trip

***Details including dates and times will be announced no later than one week prior to the upcoming months activities!**
For questions, please contact Jessica at the Wellness Center 253-333-3616 or jessica.neumann@muckleshoot-health.com

Is Heroin Running Your Life?

**There is help.
Call 253-804-8752**

BEHAVIOR HEALTH PROGRAM ANNOUNCEMENT:

**The Behavioral Health reception window is now open throughout the lunch hour (12:00 to 1:00 pm) so that we will be better able to serve our clients and the community. Please feel free to stop by to schedule appointments and to drop off/pick up paperwork.
If you have any questions, please call us at: (253) 804-8752**

Health & Wellness Center Program Hours

Muckleshoot Health and Wellness Center

		Pharmacy	Wellness Center
Monday	8-5 pm	8-6 pm	8am-8 pm
Tuesday	8-5 pm	8-6 pm	8am-8 pm
Wednesday	9-5 pm	9-6 pm	9am-8 pm
Thursday	8-5 pm	8-6 pm	8am-8 pm
Friday	8-5 pm	8-6 pm	8am-7 pm
Saturday			10 am-2 pm
Sunday	All Programs Closed		

Program Name	Phone No.	Closed-Lunch
Main Number to HWC	(253) 939-6648	12:00-1:00
Behavioral Health (Mental Health & Chemical Dep)	(253) 804-8752	Open
CHS/Registration Office	(253) 939-6648	12:00-1:00
Community Health/CHRs	(253) 939-6648	12:00-1:00
Dental Clinic	(253) 939-2131	12:00-1:00
Medical Clinic	(253) 939-6648	12:00-1:00
Optical Clinic	(253) 939-6648	12:00-1:00
Pharmacy	(253) 333-3618	Open
Recovery House	(253) 333-3629	Open
Wellness Center	(253) 333-3616	Open
WIC Thurs Only 8-4:30	(253) 939-6648	12:00-1:00

Health & Wellness Center Program Closures for August & September 2011

Thursday	08/04/11	8-9	Monthly All Staff Meeting
Thursday	09/01/11	8-9	Monthly All Staff Meeting
Friday	09/02/11	All Day	Employee Appreciation Day
Monday	09/05/11	All Day	Labor Day

Muckleshoot Health and Wellness Center Medical Clinic Appointment and No-Show Policy Effective 07/05/11

To be as efficient as possible and to better serve you and your family members as soon as we can, we are going to be making some changes and implementing an Appointment and No Show Policy for medical-related, dental, optical, massage therapy, CHRs/transportation and behavioral health services. This change is happening because there are too many people that continually make appointments for these services and they never show up to the appointment. This impacts your appointments, because they make an appointment, don't show up and your appointments are made around these chronic No Shows. Your appointments are set back every time they don't make it. If we have four (4) No Shows in a week, that means your appointment will be made later because they will want to schedule another appointment again for the next week. These are appointments that could "you" could have had - you could have been seen sooner. The people who break appointments, hold up appointment times for you and your family. For those of you that are always make your appointments on time, you won't even notice the change - the people that will have a problem with this new policy are the ones that continuously have trouble keeping their scheduled appointments.

In order to ensure that we see everyone in a timely manner, we are going to ask that you call to cancel a scheduled appointment 24 hours prior to a scheduled appointment. This allows for our providers to schedule other people who may be waiting for an appointment. If you do not call to cancel at least 24 hours in advance, you will be considered a "no-show" for that appointment, there may be exceptions to this depending on the circumstance.

If you fail to show for an appointment, it is your responsibility to call and reschedule.

Anyone who misses a scheduled appointment in the morning will not be allowed to see a provider at the medical clinic during a same-day or walk-in appointment that same afternoon.

You should arrive 10 minutes prior to your scheduled appointment time. If you do not arrive by the scheduled appointment time, you will be considered a "no-show" for the appointment and you will have to reschedule your appointment to another time or date. There will no longer be a 10 minute grace time for you to be late for your appointment. If you have a 30 minute appointment and come in 10 minutes late, your appointment is now reduced to 20 minutes and you also have to factor in that you need to be checked in by the Med Assist (to get your vitals etc), now your appointment is down to maybe 15 minutes. The providers can not provide good quality care to you in 15 minutes.

If you fail to show for three appointments in a row OR if you have three no-shows in a three month period, you may be restricted to a selected date/time such as a Tuesday 8:30-9:30 am appointment.

After attending the restricted date/time appointment, you will be able to schedule advance appointments once again at the medical clinic.

To make sure that you are aware:

- We will be sending you a letter every time our records indicate that you no-showed for an appointment.
- Once you have accumulated three no-shows in a row OR three no shows within a three month time frame, we will send you a letter indicating that you will only be able to be seen at a restricted selected date/time appointment.
- If you are given a restricted selected date/time appointment and succeed in keeping that appointment, we will send you a letter to let you know you are eligible to make advance appointments once again.

Also, to help you remember your scheduled appointments, we will continue to try and reach you by phone the day before the appointment to remind you of the time and date of your appointment. However, it will be your responsibility to keep us updated on any address/phone number changes.

Please keep in mind, we are making these changes to make sure everyone can be seen in a timely manner at the HWC.

Thank you,
Lisa James, Health Director

Harvesting Health

by the Nutrition Team:
Colleen Crossett, Dietitian
and Pam Drake, Nutritional Therapist



My husband eats a lot of red meat. I am concerned for his health, should I be?

It is never good to limit your diet in any one food type. A wide variety of meats and high quality proteins is important to get in a range of nutrients. You didn't mention if it was wild game meat or store-bought red meat. There is a difference:

Wild game meat:

- 100 calories per serving less than farmed or store-bought
- Lean, but the fat it does have contains more good fats/Omega 3's
- Increased amount of vitamins and no artificial hormones!

Using either meat can be part of a healthy eating plan, but consider adding it in stir-fry's, soups or salads to stretch out consumption of store-bought meats.

Beef and Broccoli Stir-fry

- 1 lb. Sirloin or steak of game meat
- 2 cups fresh or frozen broccoli
- 1 small onion
- 1 Tbsp. garlic, chopped
- 4 Tbsp. Olive oil
- 3 Tbsp. low sodium soy sauce
- 2 Tbsp. honey
- 1 tsp. crushed red pepper



Directions:

Cut onion and meat into thin strips
Add oil to hot skillet or wok. Add garlic and onions. Cook 2 minutes or until onion is lightly browned.
Add broccoli, stand back if using frozen broccoli as it will spatter!
Add sirloin and stir-fry until cooked through. Don't overcook.
Turn off heat and stir in soy sauce, honey and red pepper flakes.
Serve alone or with brown rice for a well balanced meal.

Cut out recipe!

Muckleshoot Wellness Center

Summertime Family Bash!

\$350 in Cash prizes!

Featuring

Muckleshoot's got Talent

Family Fun Night and Talent Competition!
With BBQ Dinner, DJ, and Swimming

Thursday, July 28th
From 5:00-7:30pm

Fun for the whole family...members only please!
See Reverse Side for Talent Show Details!

The Optical Department at the HWC!



The eyeglass benefits are the same as they've always been.
One comprehensive eye exam once every 12 months.
New lenses once every 12 months. Adults eyeglass frames once every 2 years/children 2 per year.

If you are not eligible for the frame allowance, you will be allowed to purchase the frames at a very reasonable price. (Believe me there is a significant mark up when you buy frames in town/private practice!). No eyeglass benefits will be approved outside of the MHWOC optical department. We are also offering contact lenses and necessary supplies for contacts.

The Optical Department is a Tribally-owned business. Patients must meet CHS eligibility requirements to get optical services. CHS eligible patients will need to obtain a PO from the CHS office before getting optical services.

For more information, please contact the CHS Office – (253) 939-6648. Optical Department open regular HWC business hours.

Massage Therapy

30 min. appointments

*Two 30 minute
massage appointments
Now Available Daily!!!

- *Same day appointments often available!
- *Great for stress relief
- *All eligible members welcome

Muckleshoot Massage Therapy
Mon - Friday 8am - 5pm
Closed 12 - 1 daily for lunch
253-333-3620

Muckleshoot's Got Talent Registration

Rules:

- Talent contest will start at 5:45 pm and end by 7:15 pm
- Show will be held on our outside courtyard stage
- Contestants will be judged by a guest panel of judges
- Each act must be less than 5 minutes long / microphones and sound will be provided
- Any talent or performance is welcome (must be suitable for a family audience)
- Due to limited space and time, multiple acts can be submitted by one person, but may not be approved
- Prizes to be awarded based on acts with highest point totals
- First Prize is \$200, Second prize is \$100, and third is \$50!
- To register, please return this form to the Wellness Center Front Desk

Name (s): _____

Age (s): _____

Act Name: _____

Description of Act: _____

*Phone _____ Email _____

***Must have working phone number in order to register**

For more information contact Jess at 253-333-3616 or by email at jessica.neumann@muckleshoot-health.com or visit the WC Front Desk

Ask the Dentist....

Monthly columns brought to you by your staff at the Health & Wellness Center.

Craig Brandon, D.D.S.

Question:

Dear Dr. Craig,
I often wake up with a headache and a sore jaw, what does this mean?

Answer:

- These are symptoms of grinding your teeth.
- Most people are not aware they do this because it happens while they sleep.
- Symptoms can include headache, earache, tooth discomfort and sore muscles of the head and neck.
- Besides discomfort, grinding can eventually lead to damaged dental work and cracked teeth.
- Treatment is available in our clinic and includes making a custom fit nightguard worn while sleeping.
- If you would like to know more or have a custom nightguard made, come see us at the HWC Dental Clinic.



Rachel DiPasquale, D.D.S.

Question:

Dear Dr. Rachel,
Is a crown the same thing as a cap?

Answer:

- Yes.
- A crown is a tooth shaped cover placed over a tooth to strengthen and protect it.
- They are usually recommended to repair a tooth that has been damaged by a large cavity or crack.
- Teeth that have had a root canal should always have a crown placed as soon as possible.
- Crowns can also be placed to improve the appearance of a poorly shaped or discolored tooth.
- Each crown is custom made for a specific tooth and can be made of gold or porcelain that has been color matched to your other teeth.

Tanya Clarke, R.D.H.

Question:

Dear Tanya,
Why do my teeth seem to be getting darker? Is there anything I can do about it?

Answer:

- Teeth can become discolored by stains on the surface or changes in the tooth itself.
- Surface stains are most frequently caused by coffee, cola and smoking.
- This type of staining can be best removed by a professional dental cleaning.
- Use of whitening tooth pastes and mouth rinses can often maintain natural tooth color.
- More difficult stains may require the use custom fit home whitening trays.
- If you are interested in finding out more, please come see us at the HWC Dental Clinic.

Notice:

In an effort to better serve you better, we are making some changes to the walk-in clinic and medication refill guidelines. These changes took affect Dec. 15th, 2008 and include:

- **Walk-in Clinic at 1 pm M-F will be seen based on medical need—not on a first come, first serve basis.**
- **Patients presenting for walk-in will be checked on their Registration status. If necessary, you will need to update your application.**
- **The walk-in clinic will no longer be used for pain medication refills. Please see your provider for refills.**
- **Lost or stolen narcotics will no longer be refilled.**

Thank you in advance for your cooperation as we continue to look for ways to improve our services for you and your family.

Help in Quitting Smoking!



The Muckleshoot Health & Wellness Center uses and endorses the **Washington State Quitline** to assist in stopping smoking.

Call 1-800-QUITNOW for free and effective help in quitting smoking.

Optical News!!

We knew that the wait time was getting way too long to get an eye exam (almost 4 weeks out), so we've added a new Optometrist to come in a couple days a week to do eye exams.

Please welcome Dr. Kanter to our optical team. You may have already been called to reschedule your appointment to come in sooner.

HWC Optical: (253) 939-6648 M-F 8-5 (closed 12-1 for lunch).



NEED A "MEETING" TO HELP YOU !! ?

Alcoholics Anonymous -AA & Narcotics Anonymous NA

Meetings on the Rez

Monday 12:00-1:00pm A.A.

M.I.T. Recovery House
39225 180th Ave S.E.
Auburn, WA.

Tuesday 12:00-1:00pm A.A.

M.I.T. Recovery House
39225 180th Ave S.E.
Auburn, WA

Tuesday 5:00-6:00pm A.A.

Phillip Starr Building
"Cougar Room"
39015 172nd Ave S.E.
Auburn, WA.

Wednesday 12:00-1:00pm A.A.

M.I.T. Recovery House
39225 180th Ave S.E.
Auburn, WA.

Thursday 12:00-1:00pm A.A.

Pentecostal Church (In Church Sanctuary)
39731 Auburn-Enumclaw Road S.E.
Auburn, WA.

Sunday 7:00-8:30pm N.A.

M.I.T. Recovery House
39225 180th Ave. S.E.
Auburn, WA

"Your Suggestions Count"

The Muckleshoot Health & Wellness Center offers "suggestion boxes" where guests can fill out forms to share thoughts, comments or suggestions. The purpose of these forms is to help us improve the quality of services offered to the community. These forms are not "incident reports", but rather confidential and private opportunities to share your thoughts on what we are doing well or on ways we might improve.

The suggestion boxes are located in each reception area and the main lobby of the building. The feedback forms are located next to the boxes. The boxes are checked at least twice a month by the Facilities Secretary and then delivered directly and confidentially to the appropriate department manager. Suggestions are then discussed privately at Quality Improvement committee meetings.

If possible, please provide contact information on the suggestion form so the appropriate manager can contact you to address your particular suggestion or area of concern. Again, this would be a confidential and private conversation.

We want to hear from you. Please take a moment to stop by the Health & Wellness Center and fill out a suggestion form today. Your thoughts matter!

Thank you

**Having a problem with pain pills?
Does your life revolve around pills?
If pills control you instead of you controlling the pills.....**

Suboxone (Sub-ox-own) referrals and treatment now available @ HWC!

Help for prescription pain medication dependence is now being offered through the Health and Wellness Center. Suboxone is also used in the treatment of other opiate-based or synthetic opiate drug dependence. These drugs include: Oxycodone/ Oxycotin, Hydrocodone, Vicodin, Heroin, and Morphine.

SUBOXONE is the first opioid medication approved under Drug Addiction Treatment Act (DATA) 2000 for the treatment of opioid dependence in an office-based setting. The primary active ingredient in SUBOXONE is buprenorphine.

- SUBOXONE at the appropriate dose can:
- Reduce illicit opioid use
 - Help patients stay in treatment
 - Suppress symptoms of withdrawal
 - Decrease cravings for opioids

The Health and Wellness Center has a medical provider licensed to prescribe suboxone.

For more information please contact Behavioral Health at (253) 804-8752

Muckleshoot Wellness Center presents

Swim to the Wall

Starting **July 11th through August 19th**

WHO: All Wellness Center Members
WHERE: Wellness Center Pool
WHAT: You have to swim 5 miles to get a \$10 gift card to Walmart. Any mile after that we will add \$1 to the gift card up to \$20. Any one 9 years old or younger can swim 3 miles to receive a \$10 gift card and each mile after that we will add \$1 up to \$20.
When: Starts 7/11 and continues until 8/19.

For more information please contact Al at 253-333-3616 or email Alfred.Frank@muckleshoot-health.com.

Notice to All CHS Eligible Patients

If you received a PO from the CHS office and now you are receiving a medical bill or statement, please bring them to the CHS office for review. This will ensure timely payment to your provider.

As always, you must obtain a PO # prior to your medical appointment and call us if you cancel or reschedule your appointment.

CHS Office Hours:
Monday – Friday, 8am – 5pm
Closed for Lunch 12pm – 1pm
Phone: 253-939-6648

We have a new telephone system designed to make ordering your refills even easier than before.

1. Dial 253-333-3618
2. Enter your prescription number (located right above your name)

Dental Clinic Location & Hours (253) 939-2131

We are located on the 2nd floor of the Health & Wellness Center.

Appointment Times	Emergency Walk In Times
Monday 8:00am-5:00pm	8:00-8:20 am.
Tuesday 8:00am-5:00pm	8:00-8:20 am
Wednesday 9:00am-5:00pm	9:00-9:20 am
Thursday 8:00am-5:00pm	8:00-8:20 am
Friday 8:00am-5:00pm	8:00-8:20 am
Closed Daily 12:00-1:00pm	

Grief is painful and at times the pain seems unbearable, now is the time to seek support!

Grief and Loss Support Group

with **Dr. Sarlak@ the Muckleshoot Health & Wellness Behavioral Health Program**

Every Thursday 5:00 pm – 6:30pm

Open for everyone, please call Muckleshoot BHP for further questions.

253-804-8752

13th Annual Muckleshoot Sobriety Pow Wow

"NATIVES ON A WELLNESS PATH"
JULY 22, 23 & 24, 2011

LOCATION
 Muckleshoot Pow Wow Grounds
 Auburn, Washington

GRAND ENTRY
 Friday 7:00 pm
 Saturday 1:00 pm & 7:00 pm
 Sunday 12:00 pm
 Daily Grand Entry Points Taken.

HEAD STAFF
 Host Drum: Indian Nation
 MC: Arnold Little Head
 Assistant MC: Wayne Thunderchild
 Arena Director: Frank Eaglespeaker
 Whipman: Robert Brien



DANCE CATEGORIES

Golden Age Men (Age 50+)	Golden Age Women (Age 50+)	Adult Men (Age 18-49) Traditional, Fancy, Grass, Round Bustle	Adult Women (Age 18-49) Traditional, Jingle, Fancy	Teen Boys (Age 13-17) Traditional, Fancy, Grass	Teen Girls Traditional, Jingle, Fancy	Jr. Boys (Age 6-12) Traditional, Fancy, Grass	Jr. Girls Traditional, Jingle & Fancy
1st \$600.00	1st \$600.00	1st \$600.00	1st \$600.00	1st \$350.00	1st \$275.00	1st \$275.00	1st \$275.00
2nd \$500.00	2nd \$500.00	2nd \$500.00	2nd \$500.00	2nd \$325.00	2nd \$250.00	2nd \$250.00	2nd \$250.00
3rd \$400.00	3rd \$400.00	3rd \$400.00	3rd \$400.00	3rd \$300.00	3rd \$225.00	3rd \$225.00	3rd \$225.00
4th \$300.00	4th \$300.00	4th \$300.00	4th \$300.00	4th \$275.00	4th \$200.00	4th \$200.00	4th \$200.00

•Tiny Tots (5 & under) No contest. Must be dancing in Pow Wow regalia.
 •Dance Specials: Women's Ironman Special & more specials TBA

Committee of this event is not responsible for accidents, injuries, short funded travelers, stolen, lost articles or damage to personal property. **No Pets will be allowed. Alcohol/Drugs are strictly prohibited and will be enforced.**

Arts & Craft Booth and Food Booths are available for the weekend.
 10x10 space \$125.00
 10x20 space \$200.00

Informational Booths no charge.

For more information call: Lisa Elkins or Dee Williams at 253-939-6648
 Sponsored by MIT Health Committee & Behavioral Health Program

EVERYONE WELCOME!

Family Language/Culture Camp 2011 August 23-26

- At the Silver Springs Campground
 69209 Highway 410
 Enumclaw WA 98022
- Bring your family for cultural activities
- Story telling, Drum making, medicine bags, fishing, huckleberry picking (if the berries are ready), etc.
- **Children MUST be accompanied by an adult at all times**
- Bring your own tent, sleeping bags, and extra clothes
 - Food and drinks will be provided
- For more info please contact
 Mary Ross JR 253-876-3306
 LittleMary.Ross@muckleshoot.nsn.us
 Or
 Morgan Sohappy
 253-876-3315
 Morgan.Sohappy@muckleshoot.nsn.us

Housing Employee of the Month

MITCH SCHMIDT Home Repair Specialist

One of the reasons Mitch was nominated as Housing's Employee of the Month is due to him showing great improvement in all areas. He completes his tasks on time with great pride. It is very rare that he has to ever go back to complete any item on a Unit Turn. He is very knowledgeable in all areas of home repairs and it shows. The only question Mitch ever asks is, "When are they going to let us start playing employee softball again?"



FEATHERED HEALING CIRCLE

Hello again Cynthia and Franklin with the Feathered Healing Circle. Today we work Step 5: "Admitted to God, to ourselves and to another human being the exact nature of our wrongs." This is a very hard step to walk through because we never want to admit we done something wrong. Once you admit you messed up, then you have to do that person right to gain their trust once again. That might take a very long time because you probably hurt several people along your journey.

Now you have to make sure it is safe to do this step. If it is not safe, then do the next best thing, write a letter to that person then destroy it. Basically nail it on the cross and ask God's forgiveness. If you do not forgive others how can you expect God to forgive you? It is very hard to ask forgiveness because you don't know how that other person is going to take the asking for forgiveness. Sometimes it works and other times it is disastrous. But the important thing is that you tried.

You know, when God forgives you for everything you have ever done in your life, it feels like the weight of the world is lifted off of your shoulders. The guilt and all the resentment can really keep a person down. When you ask forgiveness, you can begin to heal yourself. Did you know that, scientifically, when you forgive you actually help yourself heal?

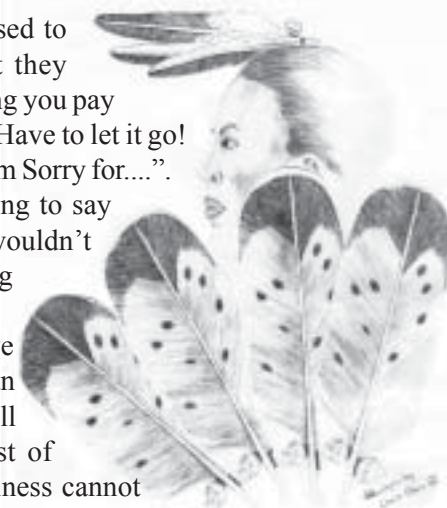
There are so many diseases that are there because of unforgiveness. We need to nail it on the cross and release it and you are starting a new life then. You can't keep bringing it up once you nail it on the cross. You were forgiven, or you forgave someone for the wrong(s) they done to you. Now you have to leave it in the past and not bring it up anymore. You are now living for the future not the past.

It feels so good to leave all the garbage in the past and live for the

future. Sometimes people are so used to holding onto that resentment that they won't let go because they like making you pay for something over and over again. Have to let it go! There is nothing wrong in saying "I'm Sorry for....". There should be more people willing to say they are sorry. Then maybe there wouldn't be so many angry people walking around.

There is no manual, so we have to learn by trial and error. If you can learn how to forgive people, you will find you are happier. The simplest of things can make you happy. Happiness cannot be bought. Have you ever noticed how miserable a rich person really is? They are so scared others are going to steal or swindle them that they cannot enjoy their money. The money actually creates more chaos. Cars can't make you happy, neither can money make you happy, because you are never satisfied... you always want more of this or that.

I also would like you to note that we will be opening bead store soon, name is "Blackhawk's Bead and Paints." Will have items needed for Regalia, beads, sage, sweetgrass for religious purposes, etc. I have some things available now - just give a call.



Catholic Mass
 with Father Pat Twohy

St. Claire's Mission Chapel
 Muckleshoot Reservation
 Every 3rd Sunday at 10 AM

Muckleshoot Pentecostal Church
 Kenny Williams, Pastor

SCHEDULE

Sunday	11:00 AM	Church Service
Tuesday	12:00 Noon	Prayer Meeting
Wednesday	7:00 PM	Bible Study
Thursday	12:00 Noon	Support Group Meeting
Thursday	7:00 PM	Spanish (language) Church
Friday	7:00 PM	Prayer Meeting
3rd Saturday	10:00 AM	Prayer Meeting

Tribal Hunters

Annual hunters meeting usually held in July @ PSB Cougar Room watch for flyers Deer season opens **AUGUST 1ST**... (not tags will be issued prior to 8/1/11)
 Elk Season opens **SEPTEMBER 15TH**...

There are special forms that need to be signed and filled out if you will be having a designated hunter (DH). Please note that the wildlife department is not responsible for obtaining a DH for you. Any Muckleshoot tribal member age 16 & older is allowed to sign up as a DH in our office. DH/Hunter's cannot have any outstanding wildlife fines or rights restrictions. So start asking around now for a hunter this season.

Please **DO NOT** give your tags to people to hunt for you if you have not notified our office, we will have special tags for DH tags this coming season, and hunting w/o approved tags will be a violation of the ordinance and hunters subject to fines.

All Hunter information applications will require names, enrollment numbers, and dates of birth. Any questions please call Tammy James 253-939-3311 or email Tammy.James@muckleshoot.nsn.us

PLEASE READ THE ORDINANCE AND REGULATIONS SO YOU ARE AWARE OF ALL THE RULES!

Tags are \$5 each for deer/elk
 Age 50 and older tags are free
 Thanks,
 Tammy James, MIT Wildlife

Insert

Page 11

Insert

Page 12


Insert

Page 13

Insert

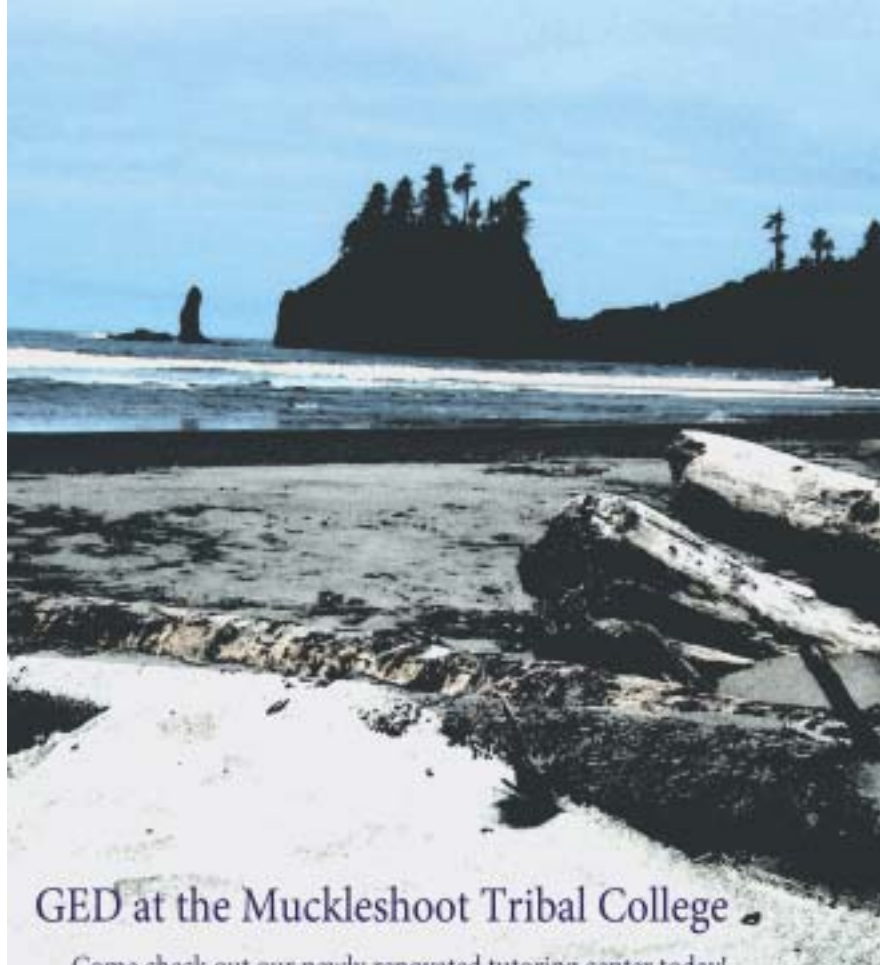
Page 14

Grass Dance Special
 IN MEMORY OF
CAMERON HAWLEY-JOHNSTON



HELD AT
Muckleshoot Veteran's Pow-wow
 JUNE 25, 2011
 TEEN BOYS AGES 13-17 **FOUR PLACES**

FOR INFORMATION CONTACT: GRANT TIMENTWA 253-876-3327



GED at the Muckleshoot Tribal College
 Come check out our newly renovated tutoring center today!
 For more information on tutoring, please contact Jessica or Alicia at:
 253 876-3256 or 253 876-3375

Muckleshoot Tribal College- 39611 Auburn Enumclaw Road SE, Auburn, WA 98092
 WWW.MUCKLESHOOTTRIBALCOLLEGE.ORG

Tutoring Hours: 9-5, Monday-Friday

Northwest Indian College Seeks -Part Time Faculty

Math * English * Humanities * Social Sciences * Natural Sciences * Native Studies * Continuing Education

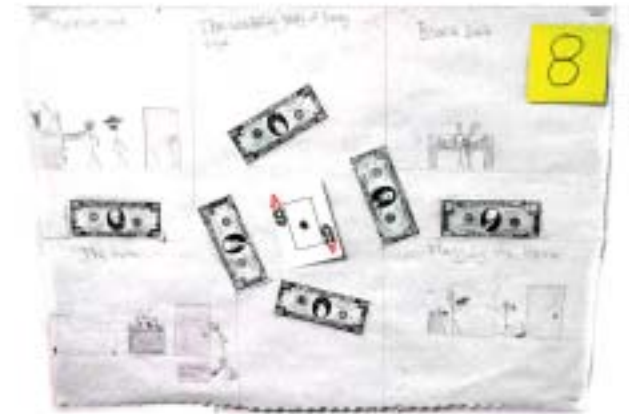
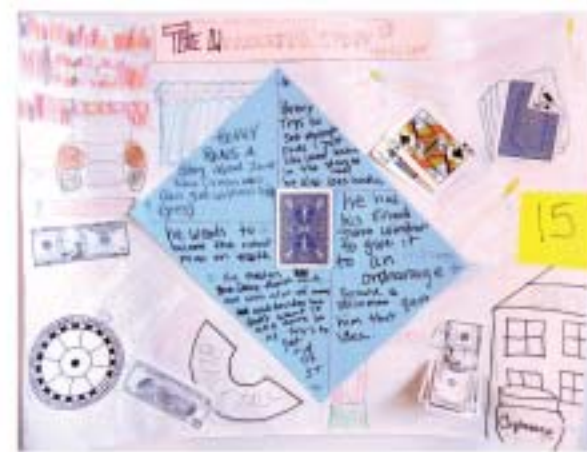
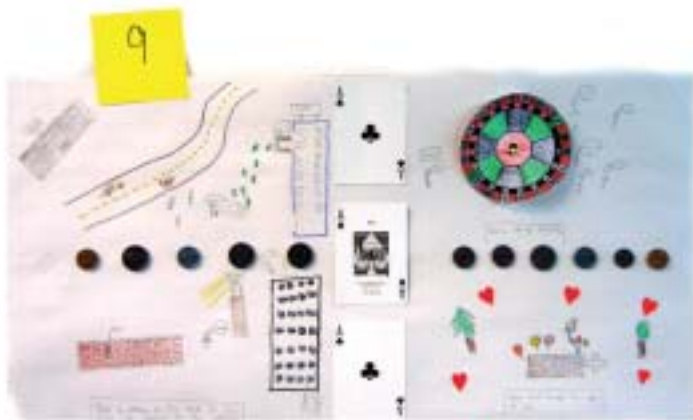
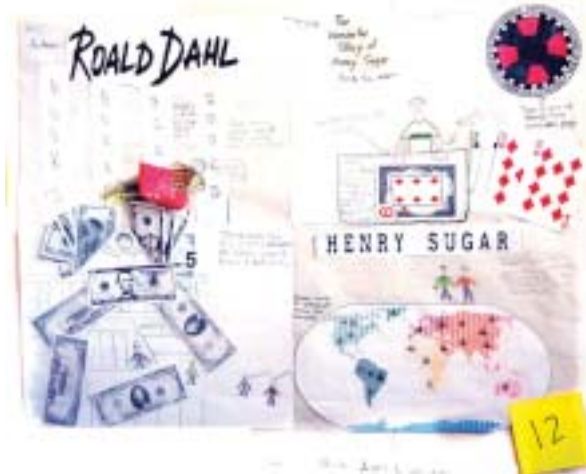
Academic Faculty must have a Masters degree in subject area or similar field and experience working in Native American communities.

Continuing Education instructors wanted to conduct workshops in art, fitness, cooking, and more. Instructors must have knowledge in specific subject area.



Please submit resume and cover letter to:
 Harmony Blancher
 NWIC Site Coordinator
 253.876.3274
 hblancher@nwic.edu

MTS POSTER CONTEST



June 2011

Student Incentive & Reward Program



Congrats to Alexandria Bachel & William Bachel for Academic Achievement



If you know of a Muckleshoot student that graduated this school year and was unable to make it to the High School graduation dinner please have them contact the Student Incentive & Reward Program for the gift items



For more information regarding The Student Incentive and Reward Program contact: Christina Chagolla @ 253-876-3370

CONGRATS to the following Muckleshoot Tribal Member High School Graduates

- | | | |
|-------------------|-----------------------|-----------------|
| Addie Iyall* | Jesse Jimenez | Neil Foulkes |
| Andrew Simmons | Joseph Berry-Peterson | Olivia Sandavol |
| Angelica Rodarte | Juan Vargas-Dunbar | Onjelic Johnson |
| Antonio Cabanas | Katie Avila* | Rachael Andy |
| Charles Starr | Kevin Higgins | Raymond Wilbur |
| Christina Daniels | Khadija Abbit | Robert Jones |
| Cole Buchanan* | Kyle Moses | Robert Simmons |
| Corey Foreman* | Larry Calvert* | Samantha Lozier |
| Dana Sohappay | Lia Ward | Stacey Sam* |
| Dustin Jansen* | Luke Moses | Vern Ward |
| Henry Martin* | Marilyn Martin* | William Bachel |
| Janet Laclair | | |



"Incentive Categories"

<p>Attendance</p> <p>Aron Ortiz Astraiya Penn Cheyenne Miller Keevin Williams Leondra Keeline Miguel Cruz-Cruz Nathan Keeline Raymond Wilbur Jr. Rian Keeline Richard Penn Jr. Sean Elkins Selena Serrato Seonee Williams Valelia Tuilata</p>	<p>Succeeding in School</p> <p>Andrew Williams Cecelia Williams Cheyenne Miller Khadija Abbit Leondra Keeline Miguel Cruz-Cruz Rian Keeline</p>	<p>Honor Roll</p> <p>Leondra Keeline Monique Valles Sylvia Agaton</p> <p>Full Year Honor Roll</p> <p>Angelica Rodarte</p> <p></p> <p>Enjoy your 2nd laptop</p>	<p>7th grade</p> <p>Cecelia Williams Dylan Brown Nathan Keeline Sheylynn Lozier</p> <p>Eighth Grade</p> <p>Cheyenne Miller Cecilia Delgado Nathan WhiteEagle</p> <p>Tenth Grade</p> <p>Alexandrea Bachel Edmundo Zaldivar Stina Starr Sylvia Agaton</p> <p>Eleventh Grade</p> <p>Dewey Miller Jr. Natasha Sheldon Shalea Daniels</p>
--	--	---	--

School Supplies Distribution Information

2011-2012 School Year

In order to receive school supplies you must be an enrolled member of the Muckleshoot Indian Tribe or the foster, adopted, legal ward, or descendant of a currently enrolled Tribal Member, as certified by the Enrollment office.

Please note that proof of Tribal enrollment and school verification will be required for each application. No exceptions.

Please pick up an application form in advance so that you can obtain your schools verification via signature. Or you may bring a copy of your class schedule.

School Supplies will be distributed on the following days:

Monday, August 15th: 11a-7p (JOM)
Tuesday, August 16th: 11a-7p (JOM)
Wednesday, August 17th: 11a-7p (JOM)
Thursday, August 18th: 11a-7p (JOM)
Friday, August 19th: 11a-7p (JOM)

For questions about school supplies or our distribution dates please call us at 253-876-3370.

Muckleshoot Youth Services Program
38624 172nd Ave SE, Bldg #2, Auburn, WA 98002
(253)876-3370

School Supplies Distribution Form
2011-2012 School Year
1st Distribution- August 15-19, 2011

Student Name: _____

Student Home Address: _____

Student Home Phone: () - - Alternate Phone: () - -

Date of Birth: _____ Grade: _____

Name of School Attending 2010-2011: _____

School Verification of Enrollment (Signature & Title): _____

Muckleshoot Tribal Member? Yes: No:

If yes, please indicate your enrollment number: _____

If no, please indicate your eligibility for school supplies:
 Foster child Adopted Descendant

If applicable, please indicate the enrollment number of your parent/legal guardian: _____

Signature of person receiving supplies: _____ Date Supplies Received: _____

Youth Services Staff Only

Did student provide proof of enrollment? Yes: No:

Did student provide school verification? Yes: No:

Staff Signature: _____ Date Supplies Received: _____


Muckleshoot Youth Services Program
...because we care.

MUCKLESHOOT YOUTH FACILITY

Hours of Operation
 SUNDAY: Closed
 MONDAY: Closed
 TUESDAY: 11:30-8:00pm
 WEDNESDAY: 11:30-8:00pm
 THURSDAY: 11:30-8:00pm
 FRIDAY: 3:00pm-11:30pm
 SATURDAY: 11:30-8:00pm

Hours of Operation
(July 1st-September 3rd)

MIT YOUTH FACILITY
38624 172nd Ave. SE
Auburn, WA 98092
Phone: 253-876-3383




Stop in today to enroll your youth in the program. We offer a variety of activities, games, crafts, field trips and more. We also provide transportation and meals to all youth participants. Please inquire within for details on how to get your youth involved or call us at 253-876-3383.

Youth Facility

CALLING ALL YOUTH

The Youth Facility is welcoming all youth between the ages of 5-18 to join our program. The Youth Facility is open Tuesday through Saturday after school and in the evenings. We offer a variety of activities every day from arts & crafts to recreational games to cultural activities. We also offer homework time every week-day to help you with your homework problems. In addition we regularly go on off site field trips and have monthly Family Fun Nights. All you have to do to join the fun is stop in and fill out an enrollment packet, and let the fun begin!



For any questions please call us at 253-876-3383.

MIT YOUTH FACILITY
38624 172nd Ave. SE
Auburn, WA 98092
Phone: 253-876-3383

...because we care.

Notice:

Please return all expired Oyster Permits to the Fisheries Office

To be eligible for another Oyster Permit you must return old ones – even if you didn't harvest any oysters.

Questions? Please call Andy Dalton at the Fisheries Office - 253-876-3131

CALLING ALL CLASS OF 2011 MUCKLESHOOT TRIBAL MEMBERS

If you are someone you know is a Muckleshoot Tribal Member or Descendant and is scheduled to Graduate with the upcoming Class of 2011, please contact the Scholarship Department to assure all students are recognized for our upcoming High School Graduation Dinner.



Please contact the Scholarship Department
Christina Chagolla
253-876-3370



Enduring Spirit Awards

Enduring Spirit HONORING THE LIFETIME CONTRIBUTIONS OF NATIVE WOMEN

NATIVE ACTION NETWORK is a grassroots organization founded in 2001. Our mission is to enhance the beauty, strength, and integrity of the American Indian & Alaskan Native community through personal empowerment and civic participation. We do this by providing leadership development training, registering voters, promoting civic participation, highlighting community issues on our web-site, and through active involvement in public affairs.

Our Network is comprised of committed community volunteers who give of their time, energy, and expertise to make a positive impact on community affairs.

Deadline August 15, 2011

The Native Action Network is pleased to announce our 8th Annual Native Women's Leadership Forum & Enduring Spirit Honoring Luncheon scheduled for September 27, 2011 at Squaxin Island's Little Creek Casino Resort in Shelton, WA. If you know an auntie, a mother, a grandmother, sister, or a dear friend who has devoted her life to strengthening Native communities, we invite you to submit a nomination for the 8th Annual Enduring Spirit Award. Nominations will be accepted until August 15, 2011.

The Enduring Spirit Award recognizes the lifetime achievements of Native women who through their commitment of time, energy, and volunteerism contribute to healthy communities. The issues they champion are varied and include: environment, education, youth and family, holistic health (mind, body, spirit), continuation and retention of culture, preservation of treaty rights, sacred sites, and economic empowerment to name a few.

YOUR NOMINATION SHOULD INCLUDE:

- Your Name/address/phone/email
- » Nominees name/tribe/contact info
- » Specific examples of nominee's lifetime accomplishments
- » Specific examples of how your nominee's contributions are positively impacting and contributing to the health and vitality of the community.
- » Length of time you've known nominee
- » Reason for your nomination and how they have inspired others
- » Nominees volunteer activities
- » Newspaper articles, or other documentation in support of nomination.

Honorees will be announced on our website during the week of September 1, 2011. If selected, you and your honoree will share a complimentary hotel room at the Little Creek Resort and can attend the Leadership Forum at no charge. In addition, the honoree can invite two guests to join her for the luncheon and presentation of awards.

Four Native women will be honored during our 8th Annual Enduring Spirit Honoring Luncheon at the Little Creek Resort on September 27, 2011.

Mail nomination packet to:

Native Action Network
815 1st Ave, #113
Seattle, WA 98104

Email inquiries should be directed to: info@enduringspirit.org. Be sure to include Enduring Spirit Award in the subject line.

Enumclaw School District Celebrates 2010- 2011 School Year

Enumclaw School District celebrated the end of the school year with graduations and goodbyes. This year was a busy year working with our seniors and helping them graduate. We are proud to report 100% of our seniors graduated this year despite difficulties before them. We had a senior who was homeless, one who transferred a year behind as a sophomore, and several who had to make extra effort with credit retrieval classes after school. Despite these obstacles, all graduated on time and this was a huge accomplishment!

Other items of celebration included our middle school Wild Waves Incentive program. The students created their own individualized academic goal of grade improvement, attendance, punctuality or behavior. If the student met the goal and turned in their paperwork they were eligible to spend a day on a field trip at Wild Waves. We had half of our students eligible to go due to meeting their goals. Each year this program has grown and students are learning how to set and achieve their own learning goals!

The lap top loaner program was successful with families checking out a laptop for the school year. Students were excited to have access to their own lap top for their schoolwork

We look forward to rest and another great year!



Enumclaw Native Education Wild Waves Incentive program field trip June 9, 2011. Lots of fun and no rain!

Enumclaw School District

Cathy Calvert,
Native Education Coordinator



HEAD START WANTS YOUR CHILD!

- Free full and half day educational programs!
- Free breakfast, lunch and snack
- Special services

To apply bring in the following;

1. Child birth certificate
2. Child social security
3. Child/parent Tribal enrollment verification
4. Current physical
5. Current dental exam
6. Income verification
7. Guardianship papers if applicable

I would love to answer your questions and get you started on the application TODAY!

For additional information, call Leonie Rodarte at 253-876-2997, or email at leonie.rodarte@muckleshoot.nsn.us.



Elder's Dinner at the Youth Facility

Hosted by the Youth Facility participants

Please join us on Friday, August 3rd from 5-8pm at the Muckleshoot Youth Facility for a special dinner in honor of our Elder's. The youth will be serving the elder's a delicious traditional Native meal and there will also be fun activities set up for all to enjoy.

Who: All elders, youth participants & families
What: Elder's Dinner
Where: Muckleshoot Youth Facility
When: Friday, June 10th from 5-8pm

Muckleshoot Youth Facility
38524 172nd Ave. SE
Auburn, WA 98002

Phone: 253-876-3383

...because we care.



Muckleshoot Tribal Members:
You and your family are invited to the

Family Fishing Derby Aug 13th

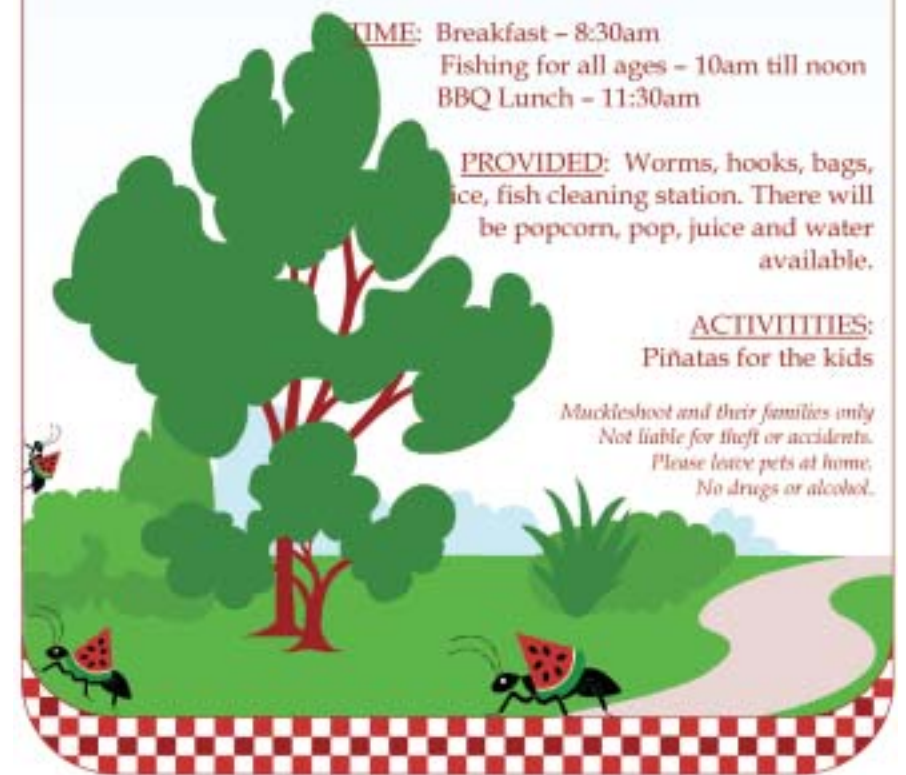
WHERE: Keta Creek Hatchery
34900 212TH Avenue SE Auburn

TIME: Breakfast - 8:30am
Fishing for all ages - 10am till noon
BBQ Lunch - 11:30am

PROVIDED: Worms, hooks, bags, ice, fish cleaning station. There will be popcorn, pop, juice and water available.

ACTIVITIES:
Piñatas for the kids

Muckleshoot and their families only
Not liable for theft or accidents.
Please leave pets at home.
No drugs or alcohol.



EMERGENCY: 911

OFFICE PHONE NUMBERS

Muckleshoot Police/King County
Mon-Fri 8:00-4:00
253-876-3246

Auburn Police
Mon-Fri 9:00-5:00
253-931-3080

Silent Witness
(Anonymous Tip line): 253-876-2850

Muckleshoot Tribal School

It's that time of year again.

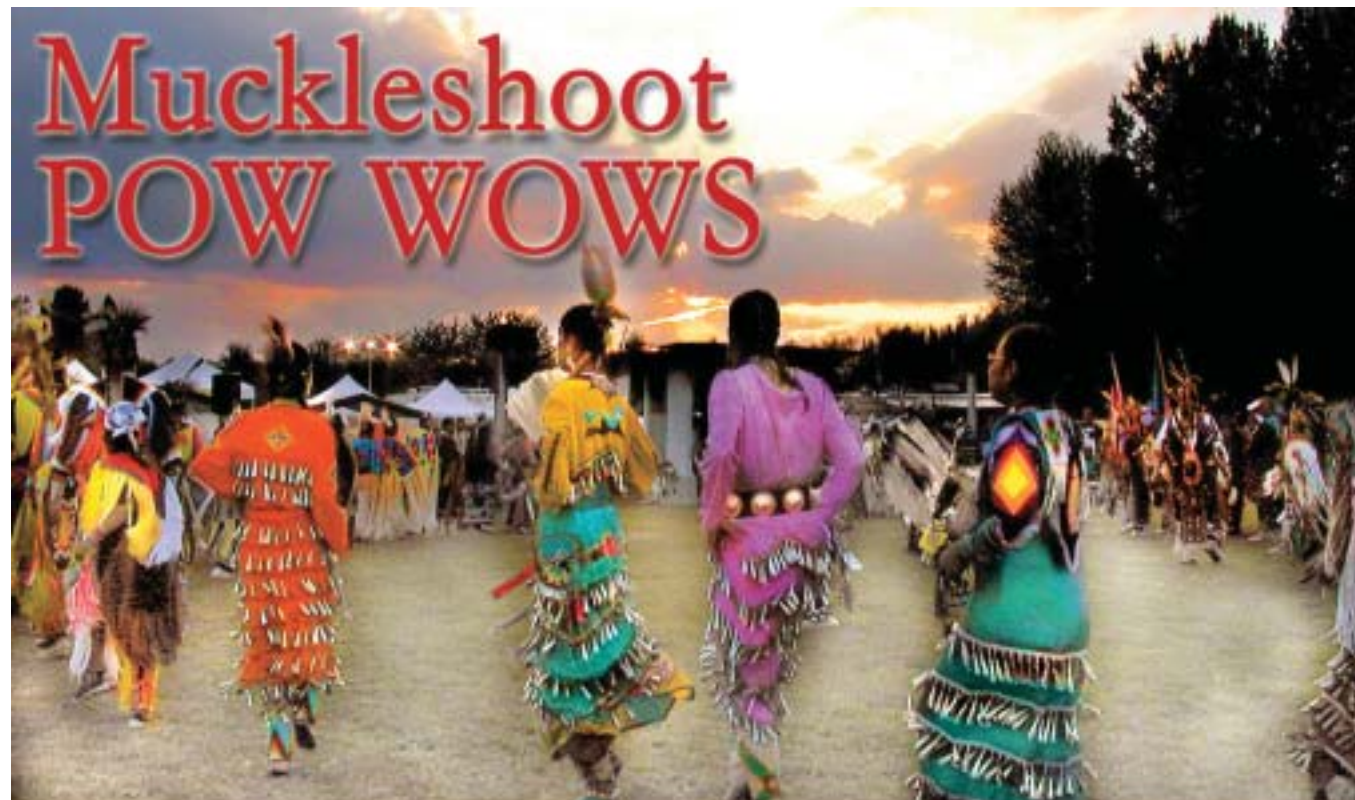
If you plan to have your children attend MTS for 2011/2012 school year it is time to register. You can pick up applications at the Coho office. If you wish to have one sent to you please call (253)931-6709 ex 3747.

Updated application is required each year.



24-HOUR CRISIS LINE
1-866-4-CRISIS

Muckleshoot POW WOWS



July 22-24 - 13th Annual Sobriety Pow Wow

Aug. 19-21 - 35th Annual Skopabsh Pow Wow

Muckleshoot Adventures Summer Camp



August 14-17, 2011 Ages 7-12
August 18-21, 2011 Ages 13-17

Activities to Include: Fishing, Archery, Hiking, Sports, Arts & Crafts, Mini Golf, Life Skills Training, Cooking, Paint ball (**kids 13 & older need own fishing license**)

MUST SIGN UP BY FRIDAY JULY 29, 2011

THIS IS AN ALCOHOL, DRUG, & ELECTRONIC FREE EVENT!

CALL STEPHANIE FLESHER AT 253-876-3357

THIS IS A MUCKLESHOOT HUMAN SERVICES EVENT

THE JUNIOR ACHIEVEMENT TRIBAL LEADERSHIP EXPERIENCE

(psssttt... parents, it's free!)



A Summer Experience you won't forget

Do you want to:

- Learn how to control how your money is spent?
- Learn the successful habits of personal finance?
- Earn a savings account of up to \$150*?
- Work directly with community and tribal leaders?
- Have an incredible two-week experience?

...then we have an awesome Summer experience for you!

Information:
This could be the most exciting two weeks of your summer! Have fun while you earn money, and end up parasailing, playing extreme paintball or enjoying an incredible boat trip. As a student "employee" of JA Finance Park, you can earn \$20 per day by participating in fun learning experiences. As your earnings grow, you can pay for your expenses from your own savings account.

If you complete the entire program, you will have earned \$100 or more in a KeyBank or Bank of America savings account. Keep the balance at \$100 or higher for a period of six months, and the Bank will reward you with an additional \$50!

During the program you will enjoy good food, get a cool T-shirt and have fun at some really great activities like movies, bowling and adventure sports.

Details:

- Program activities will be held at various sites including the beautiful JA World Facility in Auburn. Transportation provided.
- **Times:**
Monday - Friday
August 8 - 12 and 15 - 19
10:00 AM - 2:00 PM
- Tribal Council members will be present on August 8 and August 19 for opening and closing ceremonies.
- Participants must be 14 - 21 years old and attend 9 out of 10 days to be eligible for certain activities.*
- Parent or guardian permission is required to open a savings account if age 17 or under. Other rules and regulations regarding new accounts also apply.

See administrator for details

Register Now!

Space is limited
Attention, Tribal Members:
Would you like to volunteer as a chaperone, driver or assistant?
We especially need your help on August 8.

Contact:
Fawn James Hutchens
Phone: 253-876-3099
fawn.james@muckleshoot.nsn.us
Sue Elkin
Phone: 206-808-5870
sue@jashington.org



PHOTO: STEVEN MILLER



TRIBAL LEADERSHIP EXPERIENCE REGISTRATION

10:00am - 2:00pm
(Activity days may be longer, prior notice will be given)
Aug. 8th - Aug. 19th 2011
Age- 14 thru 20

Camper Name _____ Age _____
Home Address _____ Home Phone _____
City _____ State _____ Zip Code _____ Home Email _____
Camper is Muckleshoot? Y or N Enrollment Number _____ Muckleshoot Descendent? Y or N
Mother's Name _____ Cell Phone _____
Father's Name _____ Cell Phone _____
Emergency Name _____ Phone _____ Cell _____
Relationship to Camper _____

T-shirt size (adult) S M L XL XXL
***Breakfast & Lunch included**
Send registration form and medical release form to:
Junior Achievement of Washington
Attn: JA/Muckleshoot Tribal Leadership Experience
1610 Perimeter Rd. SW
Auburn, WA 98001
206-808-5870
DEADLINE: 5:00 PM on Aug 3rd, 2011

MEDICAL RELEASE
I do hereby grant permission to Junior Achievement of Washington and their respective agents and employees to secure such medical aid and hospital services as they deem necessary for the child noted on this form in the event that he/she should sustain injury or illness while attending a summer camp program. I agree to assume the cost for transport and medical treatment in such an emergency situation. I have also indicated below any medical information of which the camp should be aware in consideration of the child's physical and mental well being.

Camper Name _____
Parent Signature _____ Date _____
Family Doctor _____ Phone _____
Special Notes (allergies, etc.) _____

Family Health Care Information
Insurance Carrier _____ Group Name _____
Policy Number _____ Group Number _____

PHOTO RELEASE
 YES, my student has my permission to be photographed, recorded or videotaped at the JA Tribal Leadership Experience.

Parent Signature _____ Date _____

Contact: Fawn James /Finance Department
Phone: 253.876.3099 / 253-939-3102
Email: fawn.james@muckleshoot.nsn.us

MUCKLESHOOT SOLID WASTE DEPARTMENT



Use of Dumpster

Due to limited number of dumpsters available, we encourage everyone to bring your disposable items to our Public Works transfer station, but if you still need a dumpster, the below listed are some important information that will help you.

You must be an enrolled Muckleshoot Tribal member residing within the boundaries of the reservation to request a dumpster. All tenants of the MIT houses are required to request dumpster through Housing.

If you need a dumpster for your home clean up this is what you need to know.

- We need at least 3-5 day's advance notice. All dumpsters are scheduled for 3 days usage. So, please plan ahead prior your request.
- You need to fill out a work request form (on-line or in person at Public Works Office or call 253-876-3030, prompt #2).
- We can only serve your primary residence and for 2 times a year.
- Do not overfill dumpsters, we need to close the lid while in transit.
- Do not block truck access.

The following items are restricted from put inside the dumpster:

- No hazardous materials in dumpsters.
- No appliances in dumpster such as refrigerators, freezers, washers or dryers etc.
- No electronics such as computers, Televisions, VCR's etc.
- No paint, oil, antifreeze, gasoline etc.
- No batteries.
- No metal.
- No fluorescent light bulbs or tubes.
- No yard waste.

In order to serve you better, any violation of the above could jeopardize future usage and other member's need. Your corporation is appreciated!

FREE SEPTIC SYSTEM MAINTENANCE CLASS

SPONSORED BY
MIT PUBLIC WORKS/MUD & INDIAN
HEALTH SERVICES

Come and have a hands-on experience
Learn how your septic system works and what
to do to keep your septic system running!
The class will be offered on a first come first served basis.
The first 20 to apply will be registered to
participate in this class.

DATE: JULY 27, 2011 (Wednesday)
TIME: 5:30 PM - 7:30 PM (meal provided)
PLACE: COUGAR ROOM
INSTRUCTOR: INDIAN HEALTH SERVICE
(!!! DOOR PRIZES !!!)



PLEASE CALL 253-876-3147
TO SIGN UP FOR THE CLASS
PARTICIPANTS WILL ALSO BE ELIGIBLE FOR
A RAFFLE IMMEDIATELY FOLLOWING CLASS.

Human Services

MUCKLESHOOT INDIAN TRIBE

Resource Center Assistance

FOOD BANK. This assistance is available for tribal members and other Native American households living on the reservation. Food Bank hours are from 10:00 AM-4:00 PM, Monday through Friday. Food boxes are only given to households who come into the office to sign up for a box. At no time will we give a box to someone else for you. You may sign up for a box once weekly. Delivery of food boxes is only offered to the elderly (age 60 and older) and/or handicapped persons (with State Social Security Disability letter). Delivery requests need to be called in before 12:30 PM.

We will be beginning our new Farm-to-Table program, through the Senior Center's collaboration with Puget Sound Food Network. We will be purchasing fresh fruits & vegetables from local farms. This will provide better nutrition for the Muckleshoot community, and will also alleviate some of the cost of current food purchases. Once this is in place, we will be distributing one fruit & one vegetable per week; this will replace our current can goods. This is just the beginning of this new program. In the future we are looking at utilizing the new community garden and planting there for our Food Bank needs.



CLOTHING BANK. The clothing bank is open to receive clothing donations so that clients in need can look through the donations and take items they need for themselves or family members. The clothing bank is open during office hours, and is available to tribal/community members.

EMERGENCY. Emergency assistance is available for Muckleshoot tribal households who are experiencing an emergency within their household. It is available once per (calendar) year. This assistance requires an application explaining circumstances, and income eligibility information.

If you are in need of assistance, please come in and fill out an application. You can use it on rent/mortgage, utilities, appliances, furniture (including beds), car insurance (liability only), home telephone service (basic service only-no cell phone payments), car repairs (through a certified mechanic only), etc.

We no longer assist with temporary housing, except in medical situations. Our housing assistance is for permanent housing only. Applications received and complete by Friday will be processed by the following Friday (5 business days). This assistance depends on availability of funds.

LAUNDRY ASSISTANCE. Laundry assistance is available for tribal member households once quarterly. If you have a need for this assistance you can pick up an application at the Resource Center. The amount of assistance is based on your household size. If you have a washer/dryer but need laundry soap, we have soap available on a quarterly basis.



OTHER ASSISTANCE – (tribal member households only). Our office has diaper assistance, which is available once every two (2) weeks. We have personal hygiene packs available once a month, which is available to

tribal member adults 18 years or older. We have baby hygiene packs available on a monthly basis. We also have women's personal items available. We have toilet paper available once per month per household. If you are in need of any other type of assistance, please don't hesitate to ask us for help. If our office does not assist with what you need, we will assist you with finding other options.

ENERGY ASSISTANCE. There are two types of energy assistance funds that we receive throughout the year. The LIHEAP energy funds are for low income Native American households residing within King or Pierce County (excluding Seattle city limits). Tax Fund energy funds follow the same guidelines as LIHEAP, but must have a Muckleshoot tribal member living within the household. This assistance is based on funding availability.



SENIOR ENERGY ASSISTANCE. This energy assistance is for Muckleshoot Tribal member elders who need assistance with their utility bills. It is available to the tribal member households once per quarter, and is in addition to the LIHEAP/TAX FUND ENERGY programs.

Please come in as soon as you receive a bill, because there is processing time and if you wait until you are shut-off, the light company may add a deposit to your account.

As of July 1, this program will be subject to Centralized Income standards of 100% of King County Median Income, as opposed to previously being under LIHEAP income guidelines. This assistance is based on funding availability.

S.T.O.W.W. We also are the main contact for commodities distribution. If you are in need of this assistance, please come in and fill out an application. We will fax the application in to a STOWW representative, and they will contact you as to whether you are eligible for their program. We distribute commodities from our office on a monthly basis. Our next scheduled delivery dates are June 15th, July 13th, August 10th, September 14th, October 12th, November 9th, and December 7th.

GENERAL ASSISTANCE. This assistance is open to unemployed Muckleshoot Tribal members and to other Native Americans living on our reservation. This is available depending on funding. Please call the office to inquire about funding.

Our phone numbers to the office are:

- Dawn Miller, Program Manager (253) 876-3356,
- Sandra Louie, Senior Energy (253) 876-3020,
- Jessica Garcia, Receptionist (253) 876-3336,
- Linda Starr, Social Services/Energy Assistance (253) 876-3338,
- Juanita Sam, Emergency Assistance (253) 876-3084,
- Stephanie Flescher, Community Advocate (253) 876-3357,
- Banson Nguyen, Food Bank (253) 876-3098,
- Renae Anderson, Food Bank (253) 876-3126,
- DSHS Mary/Vicki (253) 876-3003
- Office fax # (253) 876-2811.

If you have questions, please don't hesitate to call us.

ATTENTION MUCKLESHOOT TRIBAL/COMMUNITY MEMBERS!

GA FUNDING HAS ARRIVED!

Please be advised that General Assistance Funding has arrived from the Bureau of Indian Affairs. GA applications for the month of July are now available at the Muckleshoot Resource Center.

Please note that we will not be accepting incomplete applications! Applications must be completed and turned in by Friday, July 15, 2011. All documentation required for the application will need to be turned in when you turn in your application! Items required for the application include:

- Certification of Indian Blood or copy of your tribal ID.
- Copy of your Social Security Card.
- Copy of your valid Driver's License or state ID.
- Verification of residence and physical address.
- If you have medical issues, then you need to provide verification from your doctor.
- College/Higher Education Students must provide documents supporting their education efforts.
- Clients must register for work with the Muckleshoot Tribe Personnel Office and the Muckleshoot Casino.
- If you are qualifying for IOP, then verification from your counselor is needed.

Clients must be members of a federally recognized tribe and physically residing within the boundaries of the Muckleshoot Reservation.



Guardianships of Depended
Children & Kinship Families
are welcome to attend
all classes



**Muckleshoot Indian Tribe
PRIDE TRAINING AT**
39015 172nd Ave. S.E.
Auburn, WA 98092
Administration Bld.
(In Facilities Conference Room)
on August 23rd-26th, 2011
From 9:00 AM- 5:00 PM



To become a licensed Foster
Parent you must complete the
following trainings:



ORIENTATION: Must attend an Orientation session in person or Online. By viewing video's and taking the quiz on www.dshs.wa.gov/ca/fosterparents.

PRE-SERVICE TRAININGS: You are required to take (27) hours of pre-service trainings. As in First Aid / CPR / and Blood-borne Pathogens courses. This Course is offered free of charge.



Please contact Susan Starr, MCFS, Foster Care Licensor or your Caseworker @ ICW Program if you are going to attend @ (253) 876-3397.

Muckleshoot Elders Newsletter



Happy Birthday

Birthdays in July

Martin WhiteEagle	07/04	Georgiana Elkins	07/19
Jan Maurice	07/05	Doug Moses	07/19
Lilly Jansen	07/06	Teri Starr	07/21
Wilma Cabanas	07/08	Cindy Williams	07/25
Loretta Williams	07/09	Julius Jake	07/25
Ronette Brown	07/10	Eva Solomon	07/25
Nelson Eyle	07/13	James Cross Sr.	07/26
Rosette Andy	07/13	Pearl Suchan	07/26
Barbra Courville	07/16	Rita Courville	07/27
Jon Spencer	07/16	Laurie Starr	07/29
Virginia Moses	07/16	Phyllis Bowden	07/30
Patrick Daniels Sr.	07/17	Miralee Lopez	07/30
Lisa James	07/17	Joyce Starr	07/30
Merle Barr	07/18	Lynn Davis	07/30

Canoe Journey

July 24th through July 31st. Our Events Coordinator, Noreen, is making arrangement for room accommodations and making sure that transportation is provided for those that need it. Come on in and sign up.

The Elders Committee has requested that for protocol, we hand out cedar headbands & bracelets as gifts. Please come into the Senior Center and spend the day making gifts to hand out.

Elder Breakfast

The Elder Breakfast is scheduled for July 30th, at the Spice Buffett. If you need a ride, call us and we will sign up you.

Fundraising

Farmer's Market. We are planning a fundraiser at the Auburn International Farmers Market. We would like to sell flowers, beadwork and cedar items. Come on into the Senior Center and spend the day planting flowers, beading and working with cedar.

Silent Auction Items. We are looking for items for the Silent Auction. Please drop off your donations at the Senior Center.

Christmas gifts

The Elders Committee has suggested that we get started on our Christmas gifts now so we are not rushed around the Holidays (when everyone is rushed as it is). Please stop by and share ideas as to what we can get started making.

W.I.I.

Enjoy playing on the W.I.I. system? Want to surprise those grandchildren by suddenly playing at expert level? Stop by let's get going on the W.I.I. here at the Senior Center!!! Come on in and start a bowling tournament or play some hoops. It is great exercise and lots of fun. Let's spend time together and maybe we can challenge the City of Auburn Senior center to a game or two at their building.

Fresh Vegetables

Fresh vegetables will be delivered during the month of June. Homebound Elders will have first priority.

Cedar Pulling

We had a wonderful few weeks pulling cedar this year again. We appreciate the Elders, Seniors & Youth that took time out of their busy schedule to come with us to gather. Tom Tull, Randy Ross, Byron Moses, Ben Lazzar did a great job pulling.

Effie's Cleaning Tips

Coca Cola. Not Pepsi, not RC Cola, and not COLA. Coca Cola is great way to combat grimy toilets. Use a bottle rather than a can, as the bottle is able to squirt under the rim. Let the Coca Cola sit for 10 minutes then scrub. Repeat as necessary.

June Recipe

Tuna Rotini Pasta Salad

- ... 2 cups Barilla Rotini Pasta
- ... 1/3 cup each of
- chopped red onion
- chopped green peppers
- ... 1 (7 oz) pkg of tuna
- ... 1 cup of broccoli florets
- ... 1/2 to 3/4 wishbone Italian salad dressing

Cool pasta. Drain & rinse in cold water. Combine remaining ingredients and refrigerate. Toss before serving. *Recipe provided by The Happy Cooker - Eating for Life*

Cedar Pulling

We had a wonderful few weeks pulling cedar this year again. We appreciate the Elders, Seniors & Youth that took time out of their busy schedule to come with us to gather. Tom Tull, Randy Ross, Byron Moses, Ben Lazzar did a great job pulling.



Photos from Marena Cross



Rosa at Seattle Waterfront



Rosa & Angel



Angel, Rosa, Glorianna at Eastern WA



Rosa



Kainoa



Glorianna & Rosa Tacoma Waterfront



Rosa at Lake Chelan



Kainoa

Jonathan Sampson

This is Jonathan Sampson and Dr. Bergstrom from the Health and Wellness Center at the Veterans Pow Wow. It was Jonathan's first time dancing at a Pow Wow being in a contest in Fancy Dance after his Grandmother Jeannette passed on. He's dancing in her honor. People will be seeing a lot more of him. He loves The Pow Wow now. He's singing the songs. His family is very proud of him for going out and giving it a go.



Happy Belated 5th Birthday to a Special Boy! Tyrelle Roger Kindness

Love,
Mom, Dad, Gramma & all your brothers



Xochil Marquez-Louie

One year Old on June 24th, 2011

Parent: Rosilea Louie / Jose

Grandparents: Julie Louie / Brian Lupkes

Great-Grandma: Shirley Taylor

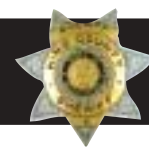
We love you lots - Happy Birthday Xochil!!

MORE PHOTOS FROM MTS Class of 2011 Commencement Ceremony





MUCKLESHOOT POLICE



Muckleshoot Police June Recap

05/24/11 9:35 PM 11-111443 Muckleshoot Plaza/Auburn Way S Warrant Arrest

An adult male was contacted near the Smoke Shop; he had a misdemeanor warrant from King County for "Theft in the Third Degree" with a \$2,000 bail. The male was arrested on the warrant and booked into the King County Jail.

05/25/11 8:35 AM 11-111693 Cedar Village Theft from Vehicle

An adult female parked her car in her driveway at about 1:00 AM and locked the doors. At about 8:15 AM the female discovered her car doors open with a Sirius radio receiver and an IPOD missing.

05/27/11 4:45 PM 11-113707 Muckleshoot Indian Reservation Child Molestation

A Muckleshoot deputy was told of a sexual assault that occurred to a juvenile on a prior date. The details are being kept confidential due to the nature of the case and an ongoing investigation.

05/29/11 9:10 PM 11-115428 38900 block Auburn-Enumclaw RD SE Warrant Arrest

An adult male passenger in a vehicle that was stopped on a reckless driving complaint had a misdemeanor warrant from Pacific Police for "Driving While License Suspended" with an \$800 cash only bail. The male was arrested on the warrant; the deputy met with a Pacific police officer and handed over custody of the male.

05/29/11 10:00 PM 11-115466 SE 392 ST/Auburn-Enumclaw RD SE Warrant Arrest

An adult female was contacted pushing a stalled vehicle along with other persons. The female fled on foot with two small children. It was discovered that the female had two misdemeanor warrants, one from Auburn for "Driving While License Suspended" with a \$1,000 bail and one from Yakima for "Assault" with a \$3,000 bail. The female was found in a nearby house, arrested on the warrants and booked into the Auburn Jail.

05/31/11 2:15 AM 11-116262 Cedar Village Vandalism

A very intoxicated adult male entered the house of his ex-girlfriend who he has children with. The adult female locked herself in the bathroom to avoid a conflict. The male kicked the bathroom door, damaging it and the knob before leaving. The male was gone when the deputy arrived. The male is being charged with vandalism.

05/31/11 9:41 AM 11-116422 41100 block 180 AV SE Attempted Burglary

A senior female returned home and discovered an intoxicated adult male trying to pry a house window with an axe. The female asked the male what he was doing, he chased her around the house, she fled to the house next door. The male was gone when deputies arrived. No entry was made into the house.

05/31/11 3:20 PM 11-116702 Cedar Village Theft

An elder female had a black X-BOX 360 she was renting taken from her house. The elder suspects an adult granddaughter and an adult female friend of the granddaughter of taking the X-BOX to sell it.

05/31/11 6:00 PM 11-116828 16400 block SE 392 ST Assault

An adult male pushed his highly intoxicated senior ex-girlfriend out of a van. The female hit her head on a speed bump when she hit the pavement. The male was gone when deputies arrived. The female was transported to the hospital for a medical evaluation. The male is being charged with "Assault in the Fourth Degree Domestic Violence."

05/31/11 9:45 PM 11-117015 Skopabsh Village Warrant Arrest

An adult male was contacted in a vehicle during a traffic stop. The male had a misdemeanor warrant from Auburn for "Theft" with a \$5,000 bail. The male was arrested on the warrant and booked into the Auburn Jail.

05/31/11 11:30 PM 11-117056 41400 block Auburn-Enumclaw RD SE Warrant Arrest

Deputies arrived on a party call, subjects ran from a campfire. An adult male was contacted in a vehicle trying to leave the property. The male was muddy and scratched up. The male had a misdemeanor warrant from King County for "Possession of Stolen Property" with a \$2,500 bail. The male was booked into the King County Jail on the warrant.

06/02/11 10:00 AM 11-118232 Muckleshoot Indian Reservation Elderly Abuse

Adult Protective Services (APS) referral of an elder being exploited and neglected by their caregiver. Details are being kept confidential due to the ongoing investigation.

06/03/11 4:15 PM 11-119422 Davis Property Runaway

A mother reported her juvenile child as being a runaway since 05/27/11.

06/04/11 7:45 PM 11-120393 Skopabsh Village Mental Complaint

An adult female cut her arm with a steak knife after being in a verbal argument with her boyfriend. The female was sent to the hospital for medical treatment and a mental health evaluation.

06/04/11 9:32 PM 11-120510 Skopabsh Village Welfare Check

A deputy was called to investigate the report of an intoxicated senior female that slapped the arm of a juvenile. The deputy interviewed all parties involved and witnesses. It was determined that no crime had occurred; the incident was documented in a case report.

06/05/11 10:48 am 11-120864 39900 block Auburn-Enumclaw RD SE Stolen Vehicle Recovery

A stolen green Subaru Outback Legacy was found by a deputy in a private driveway. The vehicle had been stolen from Enumclaw on 05/27/11. The Subaru was released to the owner.

06/05/11 1:00 PM 11-120933 Skopabsh Village Suspicious Circumstance

An adult female reported that her estranged husband called her and either threaten to harm her or harm himself, she was unsure. The husband has several warrants for his arrest. The incident was documented in a case report.

06/06/11 10:10 AM 11-122058 Academy DR/Auburn Way S Assault

A deputy contacted a suspicious vehicle with an adult male and an adult female in it. The male pulled the female's head toward his lap when the deputy approached. The male refused to comply with the deputy's commands at first, and then get out of the vehicle with clinched fists, picked up an aluminum flashlight and brought it up as is to strike the deputy with it. When the deputy drew his handgun the male threw the flashlight at the female and hit her in the head with it. The male was arrested for "Assault in the Fourth Degree" and booked into the King County Jail.

06/07/11 10:00 AM 11-121712 Muckleshoot Indian Reservation Child Neglect

A child sustained severe burns allegedly by tipping a pot of hot water on them self. The incident is under investigation.

06/07/11 3:35 PM 11-122594 38000 block 176 AV SE Court Oder Violation

A child was picked up by their mother and her boyfriend from a grandparent's house. There is a protection order protecting the child from the boyfriend as the boyfriend had assaulted the child in the past. This incident was reported to police two days later. The male is being charged "With Violation of No Contact Oder."

06/07/11 9:01 PM 11-122860 Dogwood ST/Auburn Way S Warrant Arrest

An adult male was stopped for a traffic violation; he had a misdemeanor warrant for "DUI" with a \$7,500 bail from King County. The male was arrested and booked into the King County Jail on the warrant.

06/09/11 11:37 PM 11-123772 SE 388 ST/Auburn-Enumclaw RD SE Assault

A deputy observed an adult female walking along the side of the road crying and holding her chest. The female had been assaulted by a male and a female along the side of the road. The female was transported to the hospital by a private ambulance for treatment. Only the first names of the suspects are known at this time, the investigation is ongoing.

06/11/11 7:24 AM 11-125705 Muckleshoot Indian Reservation Narcotics Activity

Police received information about drug use at a location. Possible drug suppliers have been identified. The investigation is ongoing.

06/11/11 11:30 PM 11-126272 39100 block 164 AV SE Warrant Arrest

A deputy checked out a suspicious vehicle and found an adult female hiding inside. At first the female refused to cooperate, refused to unlock the door and continued to be uncooperative. The female had a misdemeanor no bail warrant for "Failure to Register as a Sex Offender" with the Department of Corrections (DOC.) The female was arrested and booked into the Enumclaw Jail on the warrant.

06/12/11 5:02 PM 11-126694 Skopabsh Village Family Disturbance

A deputy was dispatched to a house for a disturbance between an extremely intoxicated adult female and an extremely intoxicated adult male who are married. The female had pushed the male and the male pushed her back. There were no injuries and no pain caused. No crime had occurred; the incident was documented in a case report.

06/13/11 7:07 PM 11-127587 17200 block SE 400 ST Family Disturbance

An adult female and her juvenile child got in a verbal argument which developed into a pushing match. There were no injuries and no crime had occurred. The deputy documented the incident in a case report.

06/15/11 10:45 AM 11-128953 Muckleshoot Indian Reservation Child Neglect

A deputy was contacted by phone by Indian Child Welfare (ICW) case workers. The deputy removed two small children from their mother due to neglect and turned custody of them over to the ICW workers. Details are being kept confidential due to the nature of the case and an ongoing investigation.

06/17/11 1:00 AM 11-130549 38900 block Auburn-Enumclaw RD SE Burglary

An adult female left home at about 11:30 PM and returned home at about 12:30 AM. A window was open and a black Sony Blue-Ray player was missing from her bedroom.

06/17/11 8:30 AM 11-130767 Scholarship Program Building Theft

Two Lenovo laptops were discovered missing from the Scholarship Program building. Muckleshoot Police have a lead and are working on the case.

06/19/11 8:15 PM 11-132745 16900 block SE 392 ST Drug Violation

An adult male was stopped for a traffic violation. Ten Methadone pills were discovered in the male's pocket. The male was released at the scene. Charges are pending awaiting test results of the pills by the Crime Lab.

06/19/11 11:35 PM 11-132828 14500 block SE 368 PL Assault

An adult male kicked a juvenile in the face knocking them down some stairs. The adult then picked the juvenile up, pushed them into a car and punched them a couple of times in the face. The Muckleshoot Police were called. The suspect was gone when deputies arrived, he is being charged with "Assault."

06/20/11 10:53 AM 11-133117 Davis Property Prowler

An elder female reported that window screens on her house were tampered with she believes in an attempt to burglarize her house. No entry was made into the house and nothing was missing.

06/20/11 8:30 PM 11-133612 14700 block SE 368 PL Violation of Court Order

An adult male violated a Domestic Violence (DV) Restraining Order by calling an adult female then going to her house. The male was located at a different location and arrested for "Violation of a Restraining Order" and booked into the King County Jail.

06/21/11 8:10 PM 11-134457 Skopabsh Village Trespass

Muckleshoot Police received a call of a suspicious adult male in Skopabsh Village. The male was contacted at SE 383 ST and Auburn-Enumclaw RD SE. A resident of Skopabsh Village has a valid "No Contact" order against the male. There was no cooperative witness to help charge the male. The male is not a tribal member; he was trespassed from all tribal housing areas.

Traffic Stops

Thirty Two (32)

CALLING ALL 2011-2012 SKOPABSH ROYALTY CONTESTANTS

If you or someone you know is interested in running for this year's Skopabsh Pow-Wow Royalty, please contact Wendy Lloyd, Vice-Chair of the Pow-Wow committee. Wendy's contact information is listed below.

What are expectations and characteristics of Skopabsh Royalty?

Royalty members are role-models for our community; they display commitment to academics as well as cultural traditions. They are confident, reliable, and respectful. Royalty responsibilities include representing themselves and our community in a respectful manner in any situation.

Royalty members are also expected to participate in as many cultural and public events as possible, such as Pow-Wows and Community and local events, like Tribal dinners, or City parades.

Contestants will be judged in the following areas:

- Public speaking
- Dancing
- Ticket sales

Tickets can be obtained from Wendy Lloyd. She may be reached during the day at (253) 804-8752 x 3213, or evenings at (cell) 253- 507-0966. Her E-mail is address is wllloyd25@gmail.com

➤ After initial tickets are distributed, at least 75% of monies must be submitted to Wendy in order to get additional tickets.

All ticket stubs, remaining tickets, and money must be turned in to Wendy Lloyd by noon on August 28th 2011



ATTENTION MUCKLESHOOT LANDOWNERS:

Reminder to update your address & or phone number when there is a change in services. The Muckleshoot Realty department 253-876-3170 and OST toll free number 1-888-678-6836. This will enable us to provide important notices of meetings and or signing authority. The BIA/OST will contact you if they have issues that need immediate attention such as but not limited to your IIM statements and Probate hearing notices. *Thank you, Realty staff*



Stick Game set made by Harold 'Blodgett' Moses.

CULTURAL WELLNESS GATHERINGS

AA Meeting Time

Muckleshoot Recovery House Mondays 12:00 Noon
39225 180th Ave. SE,
Auburn, WA 98092

Feather Healing Circle

39015 172nd Avenue SE Tuesdays 5:00 pm
Auburn, WA

Grief and Loss

Grief and Loss Support Group Wednesday's 6:00pm -8:00pm.
Behavioral Health, Bear Lodge

Women's Group

Muckleshoot Tribal College Thursdays 5:00 pm

Boys Mentoring Group

Muckleshoot Behavioral Health Thursday's 4:30 pm to 9:00pm

Al-Anon Meetings

Auburn First United Methodist Church Monday 10:30 a.m.
E. Main & N St. S.E.
Auburn, WA 98002

Federal Way Sunrise

United Methodist Church Monday 6:30 pm
150 S. 356th St.
Federal Way, WA 98003

Ducks

Adult Open Co-Ed Softball Tournament



Muckleshoot Fields

\$275 Entry Fee

July 22-24, 2011

1st - 3rd Places

All Stars

Most over the fence homers prize

Checks Payable to:

Tammy James 253.217.2198

39015 172nd Ave SE Auburn WA 98092

Katalut21@msn.com



MUCKLESHOOT INDIAN CASINO

You can now apply for jobs ON-LINE

Visit www.muckleshootcasino.com and click on "Career Opportunities" to view current job openings then complete your employment application. This on-line application can be completed 24 hours a day from the convenience of your home computer and/or at the Muckleshoot Indian Casino's Human Resources Office.

All you need is an e-mail address to set up your on-line application. If you do not have an e-mail address call

Human Resources Hours:
Monday – Wednesday 9am to 6pm
Thursday 9am to 9pm
Friday 9am to 5pm
HR Phone Number 253-929-5128



Come work for Your Tribe and make a difference!!!

The Muckleshoot Tribal Administration is looking to hire Tribal members to fill its new openings. Please visit us in the Tribal Administration Human Resources Department to see if we have any openings that you might be interested in.



Also see our opening on-line at www.muckleshoot.nsn.us

Visit the Muckleshoot Tribe's

NEW WEBSITE!



www.muckleshoot.nsn.us

Have you ever considered a career in gaming regulation?

THE MUCKLESHOOT GAMING COMMISSION

regularly posts openings at the Casino, Tribal Headquarters, and the Commission office. Because resumes and/or applications are accepted for open positions only, check often or call 253.735.2050 for current openings.



Ducks Youth Mixed* Softball* Tourney

*Mixed means you don't need a equal boys and girls on the field

July 22-24

12-17 Years Old

\$250.00 Entry Fee

Muckleshoot Fields

(if we don't get atleast 6 teams we will cancel)



Checks Payable to:
Tammy James
Katalut21@msn.com
253.217.2198

2011 Per Capita Deadlines and Schedule

- June 30, 2011 - Deadline for New Direct Deposits to be turned in to Tax Fund
- July 8, 2011 - Deadline for Information to be turned in to Tax Fund from Tribal Programs
- August 12, 2011 - Deadline to stop taking Direct Deposit Changes/Cancellations
- August 31, 2011 - Enrollment Cut Off Date for Dec 2011 Per Capita
- September 6, 2011 - Per Capita Distribution
- September 7, 2011 - Per Capita Distribution
- September 8, 2011 - Per Capita Distribution
- September 30, 2011 - Deadline for New Direct Deposits to be turned in to Tax Fund
- October 7, 2011 - Deadline for Information to be turned in to Tax Fund from Tribal Programs
- November 10, 2011 - Deadline to stop taking Direct Deposit Changes/Cancellations
- November 30, 2011 - Enrollment Cut Off Date for March 2011 Per Capita
- December 6, 2011 - Per Capita Distribution
- December 7, 2011 - Per Capita Distribution
- December 8, 2011 - Per Capita Distribution
- December 31, 2011 - Deadline for New Direct Deposits to be turned in to Tax Fund

If you have any questions or concerns, please contact Heather Evans at 253-876-3189.

EVENTS CALENDAR



- July 17 **Canoes arrive at Squaxin Island**
- July 18 **Canoes arrive at Nisqually**
- July 19 **Canoes arrive at Puyallup**
- July 20 **Canoes arrive at Alki Beach**
- July 21 **Canoes arrive at Suquamish**
- July 22-24 **13th Annual Sobriety Pow Wow.** Muckleshoot Pow Wow Grounds. Call Dee Williams at 253-939-6648 for more info.
- July 22-24 **Ducks Youth Mixed Softball Tourney.** Muckleshoot Fields. Call Tammy James for more info at 253-217-2198
- July 22-24 **Ducks Adult Open Co-Ed Softball.** Muckleshoot Fields. Call Tammy James for more info at 253-217-2198
- July 23 **Canoes arrive at Tulalip**
- July 24 **Canoes arrive at Coupeville**
- July 25 **Canoes arrive at Swinomish,** where hosting continues through Saturday, 7/30
- July 27 **Free Septic System Maintenance Class** from 5:30 - 7:30 Cougar Room. Call 253-876-3147 for more information.
- July 28 **Muckleshoot's Got Talent** from 5:00 - 7:30 at the Muckleshoot Wellness Center
- August 4 **Special General Council Meeting,** 6:30 at Pentecostal Church
- August 10 **Taste At Muckleshoot,** 4:00-7:00 PM, White River Amphitheatre
- August 13 **Keta Creek Family Fishing Derby.** For Tribal Members and their Families, fishing for all ages; Breakfast 8:30, Fishing 10-noon, Lunch 11:30; at Keta Creek Hatchery; Info: Gail Larsen 253-876-3178
- August 14-17 **Muckleshoot Summer Adventure Camp -** Ages 7-12. Call Stephanie Flesher at 253-876-3357
- August 18-21 **Muckleshoot Summer Adventure Camp -** Ages 13-17. Call Stephanie Flesher at 253-876-3357
- August 19-21 **35th Annual Skopabsh Pow Wow,** Muckleshoot Pow Wow Ground
- August 23-26 **Family Language/Culture Camp 2011,** Silver Springs Campground. Call Mary Ross at 253-876-3306 for more info.
- August 23-26 **Muckleshoot Indian Tribe Pride Training,** 9-5 pm at the Facilities Conference Room. Call Susan Starr at 253-876-3397 for more info.
- August 26-28 **Yakama Legends Casino Pow Wow**
- September 24 **Keta Creek Fall Classic Fishing Derby.** For Tribal Members and their Families, fishing for all ages; Breakfast 8:30, Fishing 10-noon, Lunch 11:30; at Keta Creek Hatchery; Info: Gail Larsen 253-876-3178

10th Annual Muckleshoot Veterans POW WOW June 24, 25, 26, 2011

PHOTOS BY KIMBERLY ATKINS

